

DM Nat

D-16 3.415 m 11 poster

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|--------------------------|-----------------|----------------|----------|
| 1 Marie Filtenborg | Skive Amok | 00:36:18 | |
| 2 Rikke Stamp | Odense O-klub | 00:37:07 | 00:00:49 |
| 3 Helle Bobach | Aalborg OK | 00:42:05 | 00:05:47 |
| 4 Karina Boen Knudsen | Horsens OK | 00:47:53 | 00:11:35 |
| 5 Ann-Dorthe Lisbygd | Herlufsholm OK | 00:51:45 | 00:15:27 |
| 6 Maria Konring Olesen | FIF Hillerød | 00:52:33 | 00:16:15 |
| 7 Camilla Bachhausen | FIF Hillerød | 01:11:31 | 00:35:13 |
| 8 Gry Gasbjerg | FIF Hillerød | 01:21:53 | 00:45:35 |
| 9 Pernille D Frederiksen | Lillerød IF O-a | 01:33:43 | 00:57:25 |
| Kristina Buch | OK Gorm | -IKKE STARTET- | |
| Helle Holm Clausen | Odense O-klub | -IKKE STARTET- | |
| Nina Schultz | Aalborg OK | --- DISK --- | |
| Michelle Resdorf | Aalborg OK | --- DISK --- | |

D-20 5.192 m 16 poster

| | | | |
|-------------------------|-----------------|----------------|----------|
| 1 Marianne Husen | Farum OK | 00:59:59 | |
| 2 Line Mogensen | Aalborg OK | 01:01:44 | 00:01:45 |
| 3 Rikke Nygaard | Haderslev TF | 01:02:16 | 00:02:17 |
| 4 Lisa Hansen | OK Fros | 01:03:12 | 00:03:13 |
| 5 Tanja Boen Knudsen | Horsens OK | 01:06:46 | 00:06:47 |
| 6 Pernille Sommer | OK Øst | 01:07:29 | 00:07:30 |
| 7 Vanessa Macgrail | Skagen OK | 01:08:51 | 00:08:52 |
| 8 Katrine Nielsen | Horsens OK | 01:09:13 | 00:09:14 |
| 9 Rie Baun Christensen | Farum OK | 01:10:32 | 00:10:33 |
| 10 Anne Konring Olesen | FIF Hillerød | 01:12:18 | 00:12:19 |
| 11 Henriette F Andersen | Haderslev TF | 01:13:16 | 00:13:17 |
| 12 Karina Hansen | Haderslev TF | 01:16:04 | 00:16:05 |
| 13 Mette Skovhus | OK Fros | 01:16:16 | 00:16:17 |
| 14 Maiken Holmgård | FIF Hillerød | 01:19:40 | 00:19:41 |
| 15 Anne Bobach | Aalborg OK | 01:21:11 | 00:21:12 |
| 16 Helle Piil | Svendborg OK | 01:21:52 | 00:21:53 |
| 17 Marianne Hansen | Skagen OK | 01:22:21 | 00:22:22 |
| 18 Julie Larsen | Tisvilde Hegn O | 01:22:29 | 00:22:30 |
| 19 Christina Madsen | Tisvilde Hegn O | 01:27:08 | 00:27:09 |
| 20 Anne Jensen | Skagen OK | 01:28:58 | 00:28:59 |
| 21 Kiki Larsen | Helsingør OK | 01:34:22 | 00:34:23 |
| Ann Bille Simonsen | Farum OK | -IKKE STARTET- | |
| Stinne Skammelsen | Silkeborg OK | --- DISK --- | |

D21 6.445 m 16 poster

| | | | |
|------------------------------|--------------|----------|----------|
| 1 Yvonne Fjordside | OK Pan | 01:04:50 | |
| 2 Hanne Staugaard | Kolding OK | 01:10:17 | 00:05:27 |
| 3 Ulrika Ørnhausen Jørgensen | Kolding OK | 01:11:16 | 00:06:26 |
| 4 Heidi Hinge | FIF Hillerød | 01:11:42 | 00:06:52 |
| 5 Marianne Seerup | Farum OK | 01:11:52 | 00:07:02 |
| 6 Camilla Ryge | OK Øst | 01:13:22 | 00:08:32 |
| 7 Anne Maarup | FIF Hillerød | 01:16:04 | 00:11:14 |
| 8 Merete Bigum | Farum OK | 01:16:08 | 00:11:18 |
| 9 Pernille Brunstedt | OK Øst | 01:17:05 | 00:12:15 |
| 10 Eva Smedegaard | OK Øst | 01:20:14 | 00:15:24 |
| 11 Rikke Holm | OK Pan | 01:21:04 | 00:16:14 |
| 12 Marianne Lyng | Kolding OK | 01:21:20 | 00:16:30 |

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|----|----------------------|--------------|--------------|----------|
| 13 | Mette Larsen | FIF Hillerød | 01:25:06 | 00:20:16 |
| 14 | Gitte Møller | Kolding OK | 01:25:52 | 00:21:02 |
| 15 | Line Vangsø Iversen | OK Pan | 01:27:15 | 00:22:25 |
| 16 | Mette Møller Nielsen | Aalborg OK | 01:27:44 | 00:22:54 |
| 17 | Pernille Hausen | Farum OK | 01:29:22 | 00:24:32 |
| 18 | Dorthe Skovlyst | OK Øst | 01:40:51 | 00:36:01 |
| | Tina O Haarup | Haderslev TF | --- DISK --- | |
| | Anja Malling | Randers OK | --- DISK --- | |
| | Heidi Filtenborg | OK Øst | --- DISK --- | |
| | Pernille Vous Jensen | OK Pan | --- DISK --- | |

D35 4.570 m 12 poster

| | | | | |
|----|-------------------|-----------------|----------------|----------|
| 1 | Anne Gunnersen | Kolding OK | 00:46:39 | |
| 2 | Lise Oline Larsen | Lillerød IF O-a | 00:51:47 | 00:05:08 |
| 3 | Dorte Hansen | Silkeborg OK | 00:54:10 | 00:07:31 |
| 4 | Lone Dybdal | Århus 1900 | 01:00:36 | 00:13:57 |
| 5 | Pia H Mogensen | St. Binderup OK | 01:03:34 | 00:16:55 |
| 6 | Bodil Schulz | OK Uldjyderne | 01:04:32 | 00:17:53 |
| 7 | Winni Jørgensen | Aalborg OK | 01:07:48 | 00:21:09 |
| 8 | Tinne Dorfelt | Lillerød IF O-a | 01:10:40 | 00:24:01 |
| 9 | Lise Nielsen | Haderslev TF | 01:12:18 | 00:25:39 |
| 10 | Lilli Hansen | OK Gorm | 01:15:13 | 00:28:34 |
| | Anne Holm | Farum OK | -IKKE STARTET- | |
| | Annlou Husen | Farum OK | -IKKE STARTET- | |
| | Grethe A Nielsen | Viborg OK | --- DISK --- | |

D45 3.500 m 11 poster

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|----|----------------------|------------------|----------|----------|
| 1 | Ann Dorrit Hansen | OK Djurs | 00:45:31 | |
| 2 | Ellis Bygiel Sommer | OK Øst | 00:46:10 | 00:00:39 |
| 3 | Janet Bentzen | OK Øst | 00:46:11 | 00:00:40 |
| 4 | Birgit Hausner | OK Stengården | 00:49:55 | 00:04:24 |
| 5 | Jette Stepputat | Lyngby OK | 00:52:10 | 00:06:39 |
| 6 | Asta Terkelsen | OK Gorm | 00:52:26 | 00:06:55 |
| 7 | Kirsten Brunstedt | OK Øst | 00:52:52 | 00:07:21 |
| 8 | Birthe Kjems | OK Esbjerg | 00:53:56 | 00:08:25 |
| 9 | Kirsten Bobach | Aalborg OK | 00:54:17 | 00:08:46 |
| 10 | Helle Truelsen | Holstebro OK | 00:54:28 | 00:08:57 |
| 11 | Edith Sørensen | Aalborg OK | 00:56:02 | 00:10:31 |
| 12 | Vivi Arrildsen -D55- | OK Vendelboerne | 00:59:11 | 00:13:40 |
| 13 | Elin Holm Jensen | Horsens OK | 01:00:10 | 00:14:39 |
| 14 | Inger Knudsen -D55- | OK Uldjyderne | 01:03:47 | 00:18:16 |
| 15 | Aase Neregaard -D55- | Tisvilde Hegn OK | 01:10:29 | 00:24:58 |
| 16 | Inge Jørgensen | OK Roskilde | 01:11:18 | 00:25:47 |
| 17 | Anna Munksgaard | OK Uldjyderne | 01:11:45 | 00:26:14 |
| 18 | Jette Sørensen | Svendborg OK | 01:12:10 | 00:26:39 |

H-14 3.175 m 11 poster

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|---|-----------------------|-----------------|----------|----------|
| 1 | Tue Lassen | Faaborg OK | 00:27:35 | |
| 2 | Ole Ravnshøj Andersen | Herlufsholm OK | 00:28:27 | 00:00:52 |
| 3 | Esben Linde | OK Pan | 00:31:41 | 00:04:06 |
| 4 | Christian Christensen | St. Binderup OK | 00:32:58 | 00:05:23 |
| 5 | Martin Hansen | OK Fros | 00:34:21 | 00:06:46 |
| 6 | Morten Arnfred | OK Pan | 00:34:29 | 00:06:54 |
| 7 | Bjarne Knudsen | Faaborg OK | 00:34:33 | 00:06:58 |
| 8 | Anders Bachhausen | FIF Hillerød | 00:34:44 | 00:07:09 |
| 9 | Michael Aasøe | Søllerød OK | 00:36:03 | 00:08:28 |

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|----|----------------------|-----------------|----------------|----------|
| 10 | Jonas T. Lindorf | OK Fros | 00:40:11 | 00:12:36 |
| 11 | Toke Seier | OK Gorm | 00:40:48 | 00:13:13 |
| 12 | Glen H. Mogensen | St. Binderup OK | 00:43:46 | 00:16:11 |
| 13 | Esben Dalgaard | OK Fros | 00:45:20 | 00:17:45 |
| | Torben Nielsen | OK Øst | -IKKE STARTET- | |
| | Philip Giødesen Lund | Søllerød OK | --- DISK --- | |

H-16 3.819 m 11 poster

| | | | | |
|----|-------------------------|-----------------|----------|----------|
| 1 | Anders Vejgaard-Jensen | Ballerup OK | 00:35:34 | |
| 2 | Tune Seidelin | Lyngby OK | 00:37:42 | 00:02:08 |
| 3 | Les Ager | Faaborg OK | 00:38:50 | 00:03:16 |
| 4 | Dennis Lisbygd | Herlufsholm OK | 00:38:58 | 00:03:24 |
| 5 | Rasmus Søs | Farum OK | 00:39:25 | 00:03:51 |
| 6 | Tim Christoffersen | Horsens OK | 00:40:55 | 00:05:21 |
| 7 | Tue H. Mogensen | St. Binderup OK | 00:44:01 | 00:08:27 |
| 8 | Thomas Skovenborg | Holstebro OK | 00:44:02 | 00:08:28 |
| 9 | Mikkel Mørch | Helsingør OK | 00:45:10 | 00:09:36 |
| 10 | André Gautier | Lyngby OK | 00:45:35 | 00:10:01 |
| 11 | Jesper Gottlieb | OK Pan | 00:47:18 | 00:11:44 |
| 12 | Lasse Staffensen | OK Pan | 00:47:44 | 00:12:10 |
| 13 | Anders Bank | OK Esbjerg | 00:49:24 | 00:13:50 |
| 14 | Jonathan Borup Jacobsen | St. Binderup OK | 00:50:52 | 00:15:18 |
| 15 | Erik Mygind | OK Pan | 00:50:59 | 00:15:25 |
| 16 | Jakob Skov | Holstebro OK | 00:53:28 | 00:17:54 |
| 17 | Thomas Nøregaard | OK Pan | 00:57:11 | 00:21:37 |
| 18 | Peter Buhl | OK Øst | 01:00:50 | 00:25:16 |
| 19 | Bjørn T. Lindorf | OK Fros | 01:02:07 | 00:26:33 |
| 20 | Lars Mogensen | Aalborg OK | 01:13:22 | 00:37:48 |

H-18 6.445 m 17 poster

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|----|------------------------|---------------|--------------|----------|
| 1 | Steen Piil | Svendborg OK | 00:57:33 | |
| 2 | Bjarke Jensen | OK Uldjyderne | 01:01:00 | 00:03:27 |
| 3 | Esben Andersen | Farum OK | 01:01:46 | 00:04:13 |
| 4 | Erik Knudsen | Faaborg OK | 01:01:49 | 00:04:16 |
| 5 | Anders Søndergaard | Søllerød OK | 01:04:20 | 00:06:47 |
| 6 | Peter Horstmann | Søllerød OK | 01:07:05 | 00:09:32 |
| 7 | Rune Hausner | OK Øst | 01:07:14 | 00:09:41 |
| 8 | Nicolai Lyngaa | OK Uldjyderne | 01:07:31 | 00:09:58 |
| 9 | Rasmus Oscar | Faaborg OK | 01:08:49 | 00:11:16 |
| 10 | Jacob Grønnegaard | Farum OK | 01:09:17 | 00:11:44 |
| 11 | Bjarke Refslund | Skive Amok | 01:18:19 | 00:20:46 |
| 12 | Jesper L. Christiansen | OK Fros | 01:26:12 | 00:28:39 |
| | Thorbjørn Gasbjerg | Silkeborg OK | --- DISK --- | |
| | Kim Valeur Andersen | Farum OK | --- DISK --- | |

H-20 8.117 m 22 poster

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|----|-------------------|--------------|----------|----------|
| 1 | Rune Olsen | Søllerød OK | 00:58:23 | |
| 2 | Tore Linde | OK Pan | 01:00:18 | 00:01:55 |
| 3 | Christian Nielsen | Aalborg OK | 01:02:41 | 00:04:18 |
| 4 | Henrik Jørgensen | Viborg OK | 01:03:21 | 00:04:58 |
| 5 | Christian Hansen | OK Djurs | 01:06:00 | 00:07:37 |
| 6 | Johann Aagaard | Farum OK | 01:06:53 | 00:08:30 |
| 7 | Lars Lindstrøm | Haderslev TF | 01:07:05 | 00:08:42 |
| 8 | Rune Monrad | Søllerød OK | 01:07:50 | 00:09:27 |
| 9 | Jacob Hansen | FIF Hillerød | 01:08:20 | 00:09:57 |
| 10 | Asgar Nielsen | OK Øst | 01:12:56 | 00:14:33 |

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|----|------------------------|--------------|----------------|----------|
| 11 | Mikkel Lund | Faaborg OK | 01:14:17 | 00:15:54 |
| 12 | Martin Søvang | Horsens OK | 01:36:01 | 00:37:38 |
| 13 | Kristian Flor Johansen | Svendborg OK | 01:48:35 | 00:50:12 |
| | Jacob Physant | Haderslev TF | -IKKE STARTET- | |

H21 11.203 m 31 poster

| | | | | |
|----|----------------------|------------------|----------------|----------|
| 1 | Morten Fenger Grøn | OK Pan | 01:24:13 | |
| 2 | Jens Knud Maarup | OK Pan | 01:27:51 | 00:03:38 |
| 3 | Jesper D. Jensen | Tisvilde Hegn O | 01:28:35 | 00:04:22 |
| 4 | Torben Nørgaard | Farum OK | 01:30:03 | 00:05:50 |
| 5 | Keld K. Johansen | FIF Hillerød | 01:31:03 | 00:06:50 |
| 6 | Peter Hansen | FIF Hillerød | 01:33:37 | 00:09:24 |
| 7 | Johann Jessien Fegar | OK Pan | 01:35:46 | 00:11:33 |
| 8 | Søren Schnack | OK Pan | 01:36:57 | 00:12:44 |
| 9 | Tim Falck Weber | Tisvilde Hegn OK | 01:37:31 | 00:13:18 |
| 10 | Michael Sørensen | OK Øst | 01:39:00 | 00:14:47 |
| 11 | Troels Nielsen | Horsens OK | 01:40:21 | 00:16:08 |
| 12 | Rene E. Larsen | Farum OK | 01:40:41 | 00:16:28 |
| 13 | Ole Lind | Ballerup OK | 01:45:55 | 00:21:42 |
| 14 | Martin Søgaard | Odense O-klub | 01:46:53 | 00:22:40 |
| 15 | Kaj Pedersen | Viborg OK | 01:46:54 | 00:22:41 |
| 16 | Henrik Markvardsen | Tisvilde Hegn OK | 01:47:13 | 00:23:00 |
| 17 | Martin Munk | Søllerød OK | 01:47:58 | 00:23:45 |
| 18 | Claus Bobach | Aalborg OK | 01:48:20 | 00:24:07 |
| 19 | Jens Erik Mortensen | Odense O-klub | 01:51:52 | 00:27:39 |
| 20 | Jacob D. Jensen | Skagen OK | 01:54:00 | 00:29:47 |
| 21 | Claus R. Lassen | Farum OK | 01:54:28 | 00:30:15 |
| 22 | Kristian Kærsgaard | Ballerup OK | 01:55:48 | 00:31:35 |
| 23 | Krstian Ørnsholt | Haderslev TF | 01:56:41 | 00:32:28 |
| 24 | Rune Klausen | Lyngby OK | 01:59:12 | 00:34:59 |
| 25 | Henrik Alban | Tisvilde Hegn OK | 01:59:30 | 00:35:17 |
| 26 | Lars Rasmussen | Ballerup OK | 02:01:00 | 00:36:47 |
| 27 | Klaus Gotthjælp | Søllerød OK | 02:02:25 | 00:38:12 |
| 28 | Jesper Mørch | Helsingør OK | 02:04:41 | 00:40:28 |
| 29 | Per Eg Pedersen | Kolding OK | 02:20:11 | 00:55:58 |
| 30 | Jan Poulsen | Ballerup OK | 03:21:57 | 01:57:44 |
| | Jan Scheel | OK Pan | -IKKE STARTET- | |
| | Claus Bloch | OK Pan | -IKKE STARTET- | |
| | Julian Hollingbery | Farum OK | -IKKE STARTET- | |
| | Kenn Kristensen | OK Uldjyderne | -IKKE STARTET- | |
| | Kenneth Skaug | Kolding OK | -IKKE STARTET- | |
| | Jess Aage Henning | Kolding OK | -IKKE STARTET- | |
| | Søren Olsen | Søllerød OK | -IKKE STARTET- | |
| | Peer H. Kristensen | Kolding OK | -IKKE STARTET- | |
| | Anders Schmidt | Farum OK | --- DISK --- | |
| | Martin Hasnen | Horsens OK | --- DISK --- | |
| | Jesper Damgaard | Farum OK | --- DISK --- | |
| | Henrik Iversen | Odense O-klub | --- DISK --- | |
| | Patrick McGrail | Horsens OK | --- DISK --- | |
| | Anders Dalgaard | Søllerød OK | --- DISK --- | |
| | Jan Eg Pedersen | Tisvilde Hegn OK | --- DISK --- | |
| | Kim Rokkjær | OK Pan | --- DISK --- | |
| | Lasse B. Therkildsen | Haderslev TF | --- DISK --- | |
| | Nicolai Nielsen | OK Pan | --- DISK --- | |

H35 8.117 m 22 poster

| | | | | |
|----|--------------------|---------------|----------------|----------|
| 1 | Pablo Jensen | Farum OK | 01:01:52 | |
| 2 | Jørgen Kirkeby | Farum OK | 01:07:33 | 00:05:41 |
| 3 | Lars Møller | Kolding OK | 01:10:35 | 00:08:43 |
| 4 | Finn Nilsson | Odense O-klub | 01:12:13 | 00:10:21 |
| 5 | Bjarne Topp | OK Øst | 01:14:21 | 00:12:29 |
| 6 | Søren Maarup | OK Pan | 01:22:20 | 00:20:28 |
| 7 | Morten Ebbensgaard | OK Øst | 01:22:28 | 00:20:36 |
| 8 | Claus Carlsen | OK Øst | 01:26:02 | 00:24:10 |
| 9 | Henrik Sperling | Kolding OK | 01:28:15 | 00:26:23 |
| 10 | Kristian Keller | Søllerød OK | 01:30:23 | 00:28:31 |
| 11 | Per Dahl Jensen | OK Pan | 01:37:00 | 00:35:08 |
| 12 | Steen Stausholm | Farum OK | 01:41:11 | 00:39:19 |
| | Helge L. Pedersen | Farum OK | -IKKE STARTET- | |
| | Jan Møller | Kolding OK | -IKKE STARTET- | |
| | Karsten Blok | OK Snab | -IKKE STARTET- | |
| | Finn Arildsen | OK Pan | --- DISK --- | |

H40 7.211 m 20 poster

| | | | | |
|----|-------------------------|-----------------|----------------|----------|
| 1 | Erik Bobach | Silkeborg OK | 01:02:15 | |
| 2 | Torben Seir Hansen | Helsingør OK | 01:02:54 | 00:00:39 |
| 3 | Jess Rasmussen | FIF Hillerd | 01:05:11 | 00:02:56 |
| 4 | Steffen Alm | Haderslev TF | 01:05:19 | 00:03:04 |
| 5 | Erik Krøgh | Kolding OK | 01:15:28 | 00:13:13 |
| 6 | Gert Nielsen | Lillerød IF O-a | 01:18:05 | 00:15:50 |
| 7 | Jens Kristian Kjærgaard | OK Pan | 01:19:07 | 00:16:52 |
| 8 | Kaj Jansson | Randers OK | 01:20:31 | 00:18:16 |
| 9 | Bent Hansen | Skagen OK | 01:22:10 | 00:19:55 |
| 10 | Knud Madsen | OK Øst | 01:24:51 | 00:22:36 |
| 11 | Ole B. Andersen | OK Uldjyderne | 01:27:16 | 00:25:01 |
| 12 | Hans Jørgen Vad | OK Uldjyderne | 01:33:25 | 00:31:10 |
| 13 | Søren Larsen | FIF Hillerød | 01:38:48 | 00:36:33 |
| 14 | Kim Rud | Kolding OK | 01:39:59 | 00:37:44 |
| 15 | Jesper Lysgaard | OK Uldjyderne | 01:40:03 | 00:37:48 |
| 16 | Jan Jakobsen | OK Øst | 01:41:43 | 00:39:28 |
| 17 | Sven Spangsberg | Odense O-klub | 01:42:36 | 00:40:21 |
| 18 | Gert Rebsdorf | Aalborg OK | 01:45:52 | 00:43:37 |
| 19 | John Hansen | OK Melfar | 02:05:54 | 01:03:39 |
| 20 | Michael Christensen | Haderslev TF | 02:25:09 | 01:22:54 |
| | Erling Hansen | Kolding OK | -IKKE STARTET- | |
| | John Skovbjerg | OK Pan | -IKKE STARTET- | |
| | Mogens Hald | OK Uldjyderne | --- DISK --- | |
| | Jens P. Jensen | Haderslev TF | --- DISK --- | |

H45 6.461 m 18 poster

| | | | | |
|----|----------------------|------------------|----------|----------|
| 1 | Leif E. Larsen | Tisvilde Hegn OK | 01:00:46 | |
| 2 | Anders Ingvarsdén | Holstebro OK | 01:06:58 | 00:06:12 |
| 3 | Niels Pallisgård | OK Pan | 01:09:21 | 00:08:35 |
| 4 | Jens Jørgen Jensen | OK Uldjyderne | 01:09:53 | 00:09:07 |
| 5 | Keld Abrahamsen | Århus 1900 | 01:11:01 | 00:10:15 |
| 6 | Aksel Andersen | Køge OK | 01:11:11 | 00:10:25 |
| 7 | Kurt Lyndgard | OK Pan | 01:12:48 | 00:12:02 |
| 8 | Flemming Wendelboe | Helsingør OK | 01:13:44 | 00:12:58 |
| 9 | Kurt Jensen | OK Pan | 01:15:02 | 00:14:16 |
| 10 | Knud Fjordvald | Silkeborg OK | 01:15:43 | 00:14:57 |
| 11 | Gunnar Grue-Sørensen | Tisvilde Hegn OK | 01:17:48 | 00:17:02 |

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|----|-----------------------|------------------|----------------|----------|
| 12 | Niels Rabølle | Odense O-klub | 01:18:02 | 00:17:16 |
| 13 | Jørn Klausen | OK Syd | 01:18:09 | 00:17:23 |
| 14 | Poul Erik Buch | OK Gorm | 01:19:06 | 00:18:20 |
| 15 | Flemming D. Andersen | Tisvilde Hegn OK | 01:20:29 | 00:19:43 |
| 16 | Michal Dickenson | Viborg OK | 01:21:28 | 00:20:42 |
| 17 | Frank Linde | OK Pan | 01:22:57 | 00:22:11 |
| 18 | Torsten Grange | Farum OK | 01:27:14 | 00:26:28 |
| 19 | Carl Malling | Randers OK | 01:29:17 | 00:28:31 |
| 20 | Ulf Mogensen | Aalborg OK | 01:29:21 | 00:28:35 |
| 21 | Niels Physant | Haderslev TF | 01:30:19 | 00:29:33 |
| 22 | Sten Eising | OK Pan | 01:30:39 | 00:29:53 |
| 23 | Ole Feddersen | Haderslev TF | 01:33:19 | 00:32:33 |
| 24 | Palle Wind | Kolding OK | 01:41:14 | 0:40:28 |
| 25 | Ib Jensen | OK Gorm | 01:44:07 | 00:43:21 |
| 26 | Henning Davidsen | Herlufsholm OK | 01:46:31 | 00:45:45 |
| 27 | Niels F. Mortensen | Skive Amok | 01:48:44 | 00:47:58 |
| | Jon Arnfred | OK Pan | -IKKE STARTET- | |
| | Jørgen Spetzler | OK Fros | -IKKE STARTET- | |
| | Tom Andersen | Odense O-klub | --- DISK --- | |
| | Jørn Berthelsen | OK Uldjyderne | --- DISK --- | |
| | John V. Holm | OK Pan | --- DISK --- | |
| | Niels Møller Petersen | OK Fros | --- DISK --- | |
| | Frede Scheye | Herlufsholm OK | --- DISK --- | |

H50 4.981 m 12 poster

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|----|-------------------|------------------|----------|----------|
| 1 | Peter Vilstrup | Køge OK | 00:52:12 | |
| 1 | Max Hansen | OK Djurs | 00:52:12 | |
| 3 | Torben Jørgensen | Silkeborg OK | 00:53:39 | 00:01:27 |
| 4 | Frede Truelsen | Holstebro OK | 00:55:12 | 00:03:00 |
| 5 | K. K. Terkelsen | OK Gorm | 00:56:11 | 00:03:59 |
| 6 | John Tripax | Holbæk OK | 00:57:43 | 00:05:31 |
| 7 | Poul Bobach | Aalborg OK | 00:59:09 | 00:06:57 |
| 8 | Jacob Vang | Helsingør OK | 00:59:19 | 00:07:07 |
| 9 | Jørgen Stamp | Odense O-klub | 00:59:53 | 00:07:41 |
| 10 | Jørn F. Andersen | Haderslev TF | 00:59:56 | 00:07:44 |
| 11 | Ronnie Mac grail | Randers OK | 01:01:04 | 00:08:52 |
| 12 | Karsten Funder | FIF Hillerød | 01:01:23 | 00:09:11 |
| 13 | Klaus Olsen | Søllerød OK | 01:03:06 | 00:10:54 |
| 14 | Flemming Nørgaard | OK Pan | 01:03:49 | 00:11:37 |
| 15 | Jens Ibsen | Svendborg OK | 01:04:13 | 00:12:01 |
| 16 | Jørgen Nielsen | Aalborg OK | 01:04:50 | 00:12:38 |
| 17 | Troels Jensen | Horsens OK | 01:05:53 | 00:13:41 |
| 18 | Karsten Schultz | OK Stengården | 01:06:36 | 00:14:24 |
| 19 | Leif Nørgaard | Viborg OK | 01:06:41 | 00:14:29 |
| 20 | Jon Mattiesen | OK Syd | 01:07:16 | 00:15:04 |
| 21 | Claus Faber | Silkeborg OK | 01:07:52 | 00:15:40 |
| 22 | Jan Hausner | OK Stengården | 01:07:56 | 00:15:44 |
| 23 | Karl Ditlevsen | Horsens OK | 01:08:32 | 00:16:20 |
| 24 | Svend Bjerre | Tisvilde Hegn OK | 01:08:35 | 00:16:23 |
| 25 | Mogens Jørgensen | Søllerød OK | 01:09:14 | 00:17:02 |
| 26 | Jørn Simonsen | Ballerup OK | 01:09:53 | 00:17:41 |
| 27 | Frede Jacobsen | OK Syd | 01:11:53 | 00:19:41 |
| 28 | Leif Knudsen | Faaborg OK | 01:13:04 | 00:20:52 |
| 29 | Ole Vexø | Tisvilde Hegn OK | 01:13:45 | 00:21:33 |
| 30 | Henning Larsen | OK Uldjyderne | 01:24:16 | 00:32:04 |
| 31 | Knud Erik Thomsen | Svendborg OK | 01:24:22 | 00:32:10 |

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|----|--|---|--|----------|
| 32 | Ole Sommer Ole Husen Ove Gasbjerg Svend Erik Munksgaard | OK Øst Farum OK Silkeborg OK OK Uldjyderne | 01:31:05 -IKKE STARTET- --- DISK --- --- DISK --- | 00:38:53 |
|----|--|---|--|----------|

H55 4..570 m 12 poster

| | | | | |
|----|----------------------|----------------|----------------|----------|
| 1 | Henning Nielsen | Farum OK | 00:47:24 | |
| 2 | Per Møller | Kolding OK | 00:49:38 | 00:02:14 |
| 3 | Ole Svendsen | Køge OK | 00:50:48 | 00:03:24 |
| 4 | Ole Hoffmann | OK Fros | 00:52:27 | 00:05:03 |
| 5 | Arne Grøndahl | Søllerød OK | 00:53:33 | 00:06:09 |
| 6 | Knud E. Sørensen | OK Pan | 00:55:41 | 00:08:17 |
| 7 | Hans Nielsen | Hviding I.F. | 00:59:25 | 00:12:01 |
| 8 | Henning Gudmandsen | FIF Hillerød | 01:05:19 | 00:17:55 |
| 9 | Niels Nysom | OK Uldjyderne | 01:10:48 | 00:23:24 |
| 10 | Kaj Hansen | OK Djurs | 01:11:09 | 00:23:45 |
| 11 | Hans Jørgen Simonsen | OK Pan | 01:13:50 | 00:26:26 |
| 12 | Niels Lyhne | Herlufsholm OK | 01:21:26 | 00:34:02 |
| | Asgar Kristensen | OK Uldjyderne | -IKKE STARTET- | |
| | Peter Thomsen | OK Syd | -IKKE STARTET- | |
| | Henning Løwnstein | FIF Hillerød | -IKKE STARTET- | |
| | Erland Skøt | Hviding I.F. | --- DISK --- | |

H60 3..819 m 11 poster

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|----|-------------------|------------------|--------------|----------|
| 1 | Egon Neregaard | Tisvilde Hegn OK | 00:42:18 | |
| 2 | Kaj Ø. Laursen | Aalborg OK | 00:44:04 | 00:01:46 |
| 3 | Jack Skrydstrup | Kolding OK | 00:47:05 | 00:04:47 |
| 4 | Jørgen Raaen | Odense O-klub | 00:51:50 | 00:09:32 |
| 5 | Vagn Lidegaard | St. Binderup OK | 00:57:57 | 00:15:39 |
| 6 | Karsten Hinge | OK Pan | 00:59:49 | 00:17:31 |
| 7 | Aage Knudsen | OK Uldjyderne | 00:59:52 | 00:17:34 |
| 8 | Egon Lynge Madsen | OK Roskilde | 01:04:06 | 00:21:48 |
| 9 | Bend Frandsen | Farum OK | 01:05:48 | 00:23:30 |
| 10 | Paul Staugaard | Kolding OK | 01:11:09 | 00:28:51 |
| 11 | Palle Breuning | Haderslev TF | 01:13:04 | 00:30:46 |
| 12 | Keld B. Nielsen | Haderslev TF | 01:15:44 | 00:33:26 |
| | Holger Karlmoser | Farum OK | --- DISK --- | |
| | Alfred Bech | OK Pan | --- DISK --- | |
| | Torsten Boe | Odense O-klub | --- DISK --- | |

H65 3.500 m 11 poster

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|---|------------------|------------------|----------|----------|
| 1 | Ole Falck Hansen | Tisvilde Hegn OK | 00:43:39 | |
| 2 | Palle Bay | Køge OK | 00:56:10 | 00:12:31 |
| 3 | Bent Christensen | Helsingør OK | 00:56:50 | 00:13:11 |
| 4 | Kurt Dose | Køge OK | 00:59:29 | 00:15:50 |
| 5 | Peter Arildsen | OK Vendelboerne | 01:02:23 | 00:18:44 |
| 6 | Ernst Dahl | OK Uldjyderne | 01:07:05 | 00:23:26 |
| 7 | Niels Jansson | Randers OK | 01:11:00 | 00:27:21 |

H70 3.415 m 11 poster

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|---|-------------------------|------------------|--------------|----------|
| 1 | Ramus Lykkegård | Silkeborg OK | 00:58:06 | |
| 2 | Poul Erik Birk Jakobsen | Tisvilde Hegn OK | 01:05:51 | 00:07:45 |
| 3 | Helge Ove Jørrald | OK Snab | 01:12:46 | 00:14:40 |
| | Hans Slot | FIF Hillerød | --- DISK --- | |
| | Ib Glud Konradsen | Søllerød OK | --- DISK --- | |