

1999

NAT

H21	10.870 m	
1.	Thomas Jensen, Tisvilde Hegn OK	1.18.39
2.	Jens Knud Maarup, OK PAN	1.19.23
3.	Thomas Hjerrild, OK PAN	1.20.20
4.	Jesper David Jensen, Tisvilde Hegn OK	1.20.45
5.	Claus Bloch, OK PAN	1.22.32
6.	Jakob Ødum, OK Øst	1.24.29
7.	Lars Lindstrøm, Kolding OK	1.25.39
	Søren Olsen, Søllerød OK	1.25.39
9.	Thomas H. Nielsen, Farum OK	1.25.49
10.	Claus Bobach, OO	1.26.27

D21	6.000 m	
1.	Yvonne Fjordside, OK PAN	59.31
2.	Tenna Nørgaard, Tisvilde Hegn OK	59.47
3.	Tina O. Haarup, OK HTF	1.05.55
4.	Bodil Karlsmose Klim, Farum OK	1.07.28
5.	Marianne Lynge, Kolding OK	1.09.08
6.	Randi Scheel, OK PAN	1.09.34
7.	Helene Hausner, OK Øst	1.09.47
8.	Dorthe Skovlyst, OK Øst	1.10.41
9.	Marianne Tang Seerup, Farum OK	1.11.46
10.	Gitte Møller, DRLR	1.13.41

H20	7.670 m	
1.	Mikkel Lund, Fåborg OK	55.58
2.	Henrik Jørgensen, Viborg OK	58.51
3.	Ulrik Lassen, Fåborg OK	1.00.24
4.	Jacob Grønnegaard, Farum OK	1.04.36
5.	Peter Horstmann. Søllerød OK	1.05.07

D20	5.500 m	
1.	Iryna Kupriyanova, Farum OK	59.18
2.	Rikke Nygaard, OK HTF	1.02.27
3.	Pernille Sommer, OK Øst	1.05.11
4.	Stinne Skammelsen, Sikleborg OK	1.06.43
5.	Marianne Husen, Farum OK	1.07.18

D16	3.000 m	
1.	Gry Johanssen, Silkeborg OK	29.28
2.	Karina Boen Knudsen, Horsens OK	31.18
3.	Ida V. Jørgensen, Farum OK	32.31

D35	4.690 m	
1.	Dorthe Hansen, Silkeborg OK	56.08
2.	Anne Maarup, FIF Hillerød	56.09
3.	Lene Jensen, HSOK	58.31

D45	4.050 m	
1.	Janet Bentzen, OK Øst	53.22
2.	Elizabeth Borchorst, Aalborg OK	57.42
3.	Annlou Husen, Farum OK	1.01.39
D55	3.170 m	
1.	Aase Neregaard, Tisvilde Hegn OK	49.19
2.	Inger Knudsen, OK Uldjyderne	50.19
3.	Erna Mathiasen, OK Uldjyderne	57.40
H-14	3.000 m	
1.	Tue Lassen, Fåborg OK	27.15
2.	Martin Hansen, OK FROS	27.34
3.	Anders Backhausen, FIF Hillerød	36.34
H16	4.370 m	
1.	Rasmus Søes, Farum OK	39.40
2.	André Gautier, Lyngby OK	40.43
3.	Christian Christensen, St. Binderup OK	42.36
H18	6.000 m	
1.	Erik Knudsen, Fåborg OK	55.56
2.	Tim Kristoffernsen, Horsens OK	57.27
3.	Rasmus Oscar, Fåborg OK	57.32
H35	7.670 m	
1.	Helge Lang Pedersen, Farum OK	1.00.24
2.	Søren Maarup, Kolding OK	1.04.22
3.	Jan Møller, Kolding OK	1.04.44
H40	6.580 m	
1.	Rolf Lund, HSOK	54.33
2.	Steffen Alm, OK HTF	59.28
3.	Erik Bobach, Silkeborg OK	1.00.12
H45	6.100 m	
1.	Leif E. Larsen, Tisvilde Hegn OK	51.04
2.	Niels Møller Petersen, OK FROS	57.57
3.	Jens Jørgen Jensen, Herning OK	1.00.33
H50	5.500 m	
1.	K.K. Terkelsen, OK Gorm	1.00.43
2.	Klaus Olsen, Tisvilde Hegn OK	1.01.15
3.	Max Hansen, OK Djurs	1.06.03
H55	4.690 m	
1.	Arne Grøndahl, Søllerød OK	51.34
2.	Jacob Vang, HSOK	53.03
3.	Flemming Nørgaard, OK PAN	55.26

H60 4.370 m

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| 1. Kai Ø. Laursen, Aalborg OK | 53.49 | |
| 2. Knud E. Sørensen, OK PAN | 57.36 | |
| 3. Bent Mortensen, OK 73 | 59.34 | |

H65 4.050 m

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| 1. Henning Kristensen, OK SNAB | 1.02.57 | |
| 2. Kurt Dose, Køge OK | | 1.05.21 |
| 3. Palle Bay, Køge OK | | 1.07.25 |

KLUB

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| OK PAN - Farum OK | 84 - 100 |
| Odense OK - Farum OK | 76 - 107 |
| OK PAN - Odense OK | 103 - 80 |