

2000

NAT

H21

1. Morten Fenger-Grøn, OK PAN	1.03.22
2. Flemming Jørgensen, Kolding OK	1.04.36
3. Christian Nielsen, Fåborg OK	1.04.41
4. Rene Rokkjær, OK PAN	1.04.49
Carsten Jørgensen, Tisvilde Hegn OK	1.04.49
6. Thomas Jensen, Tisvilde Hegn OK	1.05.29
7. Michael Sørensen, OK Øst	1.07.25
8. Peter Hansen, FIF Hillerød	1.08.20
9. Michael Sommer, OK Øst	1.08.26
10. Patrick MacGrail, OK PAN	1.08.35

D21

1. Anne Konring Olesen, FIF Hillerød	54.39
2. Tenna Nørgaard, Tisvilde Hegn OK	55.53
3. Dorthe Skovlyst, OK Øst	57.24
4. Merete Bigum, Farum OK	57.59
5. Yvonne Fjordside, OK PAN	58.05
6. Helene Hausner, OK Øst	58.46
7. Rikke Nygaard, OK HTF	59.55
8. Iryna Kupriynova, Farum OK	1.01.12
9. Henriette F. Andersen, OK HTF	1.03.32
10. Ninna Hoffmann, Tisvilde Hegn OK	1.04.31

D-16

1. Karina Boen Knudsen, Horsens OK	29.13
2. Ane Linde, OK PAN	30.44
3. Gitte Mygind, OK PAN	34.05

D20

1. Marie Filtenborg, Skive AMOK	44.37
2. Vanessa Mac Grail, Randers OK	44.39
3. Maria Konring Olesen, FIF Hillerød	44.52

D35

1. Anne Maarup, FIF Hillerød	52.53
2. Bettina Gjedde, Mariager OK	55.07
3. Guri Alm, OK HTF	55.55

D45

1. Annlou Husen, Farum OK	36.04
2. Lone Dybdal, Århus 1900	38.01
3. Grethe A. Nielsen, Viborg OK	38.44

D50

1. Janet Bentzen, OK Øst	34.30
2. Kirsten Brunstedt, OK Øst	38.50
3. Birgit Hausner, OK SG	40.42

D55

1. Inge Jørgensen, OK Roskilde	30.26
2. aase Neregaard, Tisvilde Hegn OK	34.50
3. Ellis Byrgiel Sommer, OK Øst	35.55

H-14

1. Philip Giodesen Lund, Søllerød OK	22.49
2. Emil Folino Nielsen, FIF Hillerød	25.00
3. Rune Boas, OK Øst	25.10

H16

1. Ole Ravnshøj Andersen, Herlufsholm	32.31
2. Kasper Andersen, FIF Hillerød	35.38
3. Christian Christensen, St. Binderup	36.21

H18

1. Tune Seidelin, Lyngby OK	49.58
2. Rasmus Søes, Farum OK	50.31
3. Peter Buhl, OK Øst	51.10

H20

1. Jacob Grønnegaard, Farum OK	52.56
2. Torbjørn Gasbjerg, Silkeborg OK	54.31
3. Peter Horstmann, Søllerød OK	56.27

H35

1. Helge Lang Pedersen, Farum OK	59.46
2. Bo Simonsen, FIF Hillerød	59.53
3. Pablo Jensen, Farum OK	1.00.02

H40

1. Lars Konradsen, FIF Hillerød	51.12
2. Erik Bobach, Silkeborg OK	53.39
3. Allan Topp, OK Øst	55.57

H45

1. Steffen Alm, OK HTF	50.25
2. Leif E. Larsen, Tisvilde Hegn OK	51.59
3. Niels Møller Petersen, FROS	54.41

H50

1. Gunnar Grue-Sørensen, Tisvilde Hegn OK	40.52
2. Jens Jørgen Jensen, Herning OK	41.42
3. Jørgen Münster-Swendsen, Søllerød OK	45.02

H55

1. Ole Svendsen, Køge OK	47.21
2. Arne Grøndahl, Søllerød OK	49.19
3. Knud Lykking, OK 73	54.30

H60

1. Henning Nielsen, Farum OK	40.04
2. Erik Brühl, Søllerød OK	42.02
3. Asger Kristensen, Herning OK	42.53

H65

1. Palle Bay, Køge OK	40.54
2. Niels Jansson, Randers OK	50.11
3. Ole Hansen, OK 73	52.28

H70

1. Hans Sloth, FIF Hillerød	37.12
2. Kurt Dose, Køge OK	40.12
3. Jørgen Poulsen, OK 73	44.19