

DM Nat

D-16 4.4km/11p

| | | | |
|---|-------------------|---------------|----------|
| 1 | Joanna K Thomsen | Horsens OK | 32:14 |
| 2 | Ane Linde | OK Pan | 33:17 |
| 3 | Sofie Sørensen | OK Roskilde | 33:47 |
| 4 | Mette Hjerrild | OK Pan | 36:23 |
| 5 | Camilla Bergmann | Lillerød OK | 37:34 |
| 6 | Maja Alm | HTF Haderslev | 41:59 |
| 7 | Mia Egander | Mariager OK | 48:55 |
| 8 | Mia B Simonsen | OK Roskilde | 49:51 |
| 9 | Nanna Dybdal | Århus 1900 | 50:55 |
| | Nikoline Gjøderum | Århus 1900 | Ej start |

D-20 6.5km/19p

| | | | |
|---|------------------|--------------|----------|
| 1 | Signe Søs | Farum OK | 47:57 |
| 2 | Gry Johannsen | OK Pan | 49:45 |
| 3 | Karina B Knudsen | Horsens OK | 51:19 |
| 4 | Gry Gasbjerg | FIF Hillerød | 1:01:31 |
| 5 | Anne-L Gadsbølle | OK Esbjerg | 1:01:49 |
| 6 | Henriette Baun | Horsens OK | 1:03:41 |
| 7 | Helle Bobach | Aalborg OK | 1:09:06 |
| 8 | Anne L Olsen | FIF Hillerød | 1:12:47 |
| | Sofie Skammelsen | OK Pan | Udgået |
| | Maria K Olesen | FIF Hillerød | Udgået |
| | Rikke Stamp | Odense OK | Udgået |
| | Helle H Clausen | Odense OK | Ej start |

D21 7.5km/21p

| | | | |
|---|---------------------|------------------|----------|
| 1 | Anne K Olesen | FIF Hillerød | 56:23 |
| 2 | Helene Hausner | OK Øst | 1:02:21 |
| 3 | Vanessa Mc Grail | OK Pan | 1:03:16 |
| 4 | Nina Hoffmann | Kolding OK | 1:04:12 |
| 5 | Mette M Nielsen | TRRI | 1:14:44 |
| 6 | Anna Bobach | Aalborg OK | 1:16:03 |
| 7 | Henriette Jørgensen | OK Pan | 1:16:43 |
| 8 | Katrine Nielsen | Horsens OK | 1:34:06 |
| | Mette P Meyer | FIF Hillerød | Udgået |
| | Henriette Broman | Tisvilde Hegn OK | Udgået |
| | Dorthe Skovlyst | OK Øst | Ej start |
| | Signe Faber | OK Pan | Ej start |
| | Randi Scheel | OK Pan | Ej start |

D35 5.7km/14p

| | | | |
|---|-----------------|------------------|---------|
| 1 | Marianne Lyng | Kolding OK | 45:46 |
| 2 | Anne Maarup | FIF Hillerød | 47:47 |
| 3 | Gitte Møller | Kolding OK | 51:16 |
| 4 | Guri Alm | HTF Haderslev | 53:01 |
| 5 | Bettina Gjedde | Mariager OK | 55:45 |
| 6 | Anne Gundersen | Kolding OK | 1:01:03 |
| 7 | Anette A Hansen | Tisvilde Hegn OK | 1:14:04 |

| | | |
|---------------------|------------|----------|
| 8 Helle Svenningsen | Århus 1900 | 1:27:58 |
| Eva Smedegaard | OK SORØ | Ej start |

D40 4.7km/14p

| | | |
|-----------------|------------------|-------|
| 1 Dorthe Hansen | Silkeborg OK | 41:04 |
| 2 Bodil Schultz | Herning OK | 44:57 |
| 3 Gitte Isen | Herning OK | 49:11 |
| 4 Søs M Hansen | OK SORØ | 49:21 |
| 5 Lena W-Hansen | Tisvilde Hegn OK | 53:05 |

D45 4.7km/14p

| | | |
|--------------------|--------------|----------|
| 1 Grethe A Nielsen | Viborg OK | 51:31 |
| 2 Winnie Jørgensen | Aalborg OK | 52:21 |
| 3 Lone Dybdal | Århus 1900 | 57:51 |
| Ingrid Johannsen | Silkeborg OK | Udgået |
| Annelou Husen | Farum OK | Ej start |

D50 4.4km/11p

| | | |
|-----------------------|-----------------|----------|
| 1 Janet Bentzen | OK Øst | 38:10 |
| 2 Mona Nørgaard | OK Pan | 44:23 |
| 3 Elizabeth Borchorst | Mariager OK | 45:24 |
| 4 Annelise M Lassen | St. Binderup OK | 51:04 |
| 5 Jette Bachhausen | FIF Hillerød | 58:08 |
| 6 Lotte Hjort | Faaborg OK | 59:30 |
| 7 Ellen Nielsen | Horsens OK | 1:02:12 |
| 8 Vibeke Vogelius | Silkeborg OK | 1:04:07 |
| Ann D Hansen | OK Djurs | Ej start |

D55 3.8km/12p

| | | |
|------------------|------------------|----------|
| 1 Ellis B Sommer | OK Øst | 40:15 |
| 2 Inge Jørgensen | OK Roskilde | 43:42 |
| 3 Edith Sørensen | Aalborg OK | 51:59 |
| 4 Ellen Thisted | Søllerød OK | 58:52 |
| 5 Vivi Arildsen | Vendelboerne | 59:39 |
| 6 Aase Neregaard | Tisvilde Hegn OK | 59:50 |
| Inger Knudsen | Herning OK | Ej start |

H-14 4km/14p

| | | |
|----------------------|--------------|-------|
| 1 Søren Bobach | Silkeborg OK | 26:57 |
| 2 Kasper Fjellerup | Lillerød OK | 28:19 |
| 3 Rasmus Kragh | Skive AMOK | 28:57 |
| 4 Andreas Olesen | FIF Hillerød | 30:29 |
| 5 Christopher Wiberg | FIF Hillerød | 31:03 |
| 6 Rasmus F Nielsen | FIF Hillerød | 31:35 |
| 7 Kristian F Vad | Herning OK | 34:28 |
| 8 Michael Andersen | Køge OK | 36:48 |
| 9 Jonas Munthe | Mariager OK | 40:14 |
| 10 Per Hjerrild | OK Pan | 41:27 |

| | | | |
|----|-------------------|-----------------|-------|
| 11 | Andreas Bergmann | Lillerød OK | 47:50 |
| 12 | Lasse Grøn | Mariager OK | 51:59 |
| 13 | Thomas D Sørensen | St. Binderup OK | 53:37 |

H-16 6.2km/16p

| | | | |
|----|--------------------|-----------------|---------|
| 1 | Sigge L Jensen | FIF Hillerød | 37:14 |
| 2 | Martin Christensen | St. Binderup OK | 39:27 |
| 3 | Emil F Nielsen | FIF Hillerød | 39:53 |
| 4 | Philip G Lund | Søllerød OK | 40:34 |
| 5 | Rasmus Djurhuus | FIF Hillerød | 41:28 |
| 6 | Rico H Mogensen | St. Binderup OK | 46:43 |
| 7 | Ole Grevang | OK Esbjerg | 47:29 |
| 8 | Toke Ertmann | FIF Hillerød | 47:49 |
| 9 | Christian Bobach | Silkeborg OK | 48:37 |
| 10 | Rune Boas | FIF Hillerød | 48:50 |
| 10 | Jesper Stamp | Odense OK | 48:50 |
| 12 | Michael Kjersgaard | Lillerød OK | 51:47 |
| 13 | Anders K Olesen | FIF Hillerød | 53:37 |
| 14 | Kåra Seidelin | Lyngby OK | 58:21 |
| 15 | Christian H Hansen | St. Binderup OK | 59:07 |
| 16 | Lennart Rebsdorf | Mariager OK | 1:00:29 |
| 17 | Lasse Korsbæk | St. Binderup OK | 1:03:05 |
| 18 | Harald Hermanrud | Odense OK | 1:03:31 |

H-18 7.2km/18p

| | | | |
|----|-----------------------|-----------------|----------|
| 1 | Jeppe Borch | Silkeborg OK | 43:27 |
| 2 | Christian Christensen | St. Binderup OK | 43:33 |
| 3 | Tue Lassen | Faaborg OK | 43:37 |
| 4 | Bjarne Knudsen | Faaborg OK | 48:48 |
| 5 | Kasper Andersen | FIF Hillerød | 49:00 |
| 6 | Esben Dalgaard | OK FROS | 49:23 |
| 7 | Chr P Mac Lassen | St. Binderup OK | 51:14 |
| 8 | Martin Hansen | OK FROS | 52:56 |
| 9 | Rasmus Sørensen | FIF Hillerød | 56:23 |
| 10 | Rasmus K Johansen | OK Esbjerg | 59:44 |
| | Jonas Lindorf | OK FROS | Ej start |
| | Niels C L-Frandsen | Horsens OK | Ej start |
| | Anders Bachhausen | FIF Hillerød | Ej start |

H-20 9.3km/23p

| | | | |
|---|--------------------|-----------------|----------|
| 1 | Rasmus Søes | Farum OK | 1:01:43 |
| 2 | Palle Korsbæk | St. Binderup OK | 1:01:44 |
| 3 | Erik Mygind | OK Pan | 1:05:59 |
| 4 | Andre Gautier | Lyngby OK | 1:07:13 |
| 5 | Thomas Skouenborg | Holstebro OK | 1:10:25 |
| 6 | Emil Thorsen | OK Esbjerg | 1:11:46 |
| 7 | Johan Mac Lassen | St. Binderup OK | 1:21:58 |
| 8 | Kristian Sørensen | OK Øst | 1:23:12 |
| | Anders Bank | OK Esbjerg | Udgået |
| | Rune Jensen | Herning OK | Udgået |
| | Tim Christoffersen | Horsens OK | Udgået |
| | Tune Seidelin | Lyngby OK | Ej start |

H21 11.7km/27p

| | | | |
|----|--------------------|------------------|---------|
| 1 | Rene Rokkjær | OK Pan | 1:11:00 |
| 2 | Flemming Jørgensen | Kolding OK | 1:13:51 |
| 3 | Michael Sørensen | OK Øst | 1:14:28 |
| 4 | Troels Nielsen | Horsens OK | 1:14:33 |
| 5 | Martin Hansen | OK Pan | 1:15:14 |
| 6 | Peter Horstmann | Søllerød OK | 1:15:19 |
| 7 | Rune Olsen | Tisvilde Hegn OK | 1:15:57 |
| 8 | Thomas Jensen | Tisvilde Hegn OK | 1:16:52 |
| 9 | Carsten Jørgensen | Tisvilde Hegn OK | 1:16:55 |
| 10 | Christian Nielsen | Faaborg OK | 1:17:41 |
| 11 | Tore Linde | OK Pan | 1:18:02 |
| 12 | Jacob Grønnegaard | Farum OK | 1:18:31 |
| 13 | Rune Monrad | Søllerød OK | 1:18:45 |
| 14 | Nicolai Nielsen | Aalborg OK | 1:19:29 |
| 15 | Claus Bloch | OK Pan | 1:21:17 |
| 16 | Peter R Hansen | FIF Hillerød | 1:22:16 |
| 17 | Jesper D Jensen | Tisvilde Hegn OK | 1:22:18 |
| 18 | Lars Lindstrøm | FIF Hillerød | 1:22:33 |
| 19 | Henrik Jørgensen | Faaborg OK | 1:23:50 |
| 20 | Søren Olsen | Søllerød OK | 1:24:31 |
| 21 | Jacob Hansen | FIF Hillerød | 1:26:02 |
| 22 | Rune Klausen | Ballerup OK | 1:26:26 |
| 23 | Patrick Mc Grail | OK Pan | 1:26:36 |
| 24 | Claus Bobach | Aalborg OK | 1:28:32 |
| 25 | Thomas Meyer | FIF Hillerød | 1:30:21 |
| 26 | Ebbe Nielsen | OK Pan | 1:34:25 |
| 27 | Thomas Eriksen | Herlufsholm OK | 1:35:25 |
| 28 | Bjørn Axelsen | Aalborg OK | 1:37:45 |
| 29 | Morten Pedersen | OK Pan | 1:41:32 |
| 30 | Bjarke Refslund | Herning OK | 1:41:37 |
| 31 | Anders Søndergaard | Søllerød OK | 1:41:47 |
| 32 | Jacob K Pedersen | OK Pan | 1:56:27 |

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|---------------------|------------------|----------|
| Peer H Kristensen | Kolding OK | Udgået |
| Nicolai Lyngaa | Herning OK | Udgået |
| Morten F-Grøn | OK Pan | Udgået |
| Michael Lindholm | Kolding OK | Udgået |
| Johan Fegar | Tisvilde Hegn OK | Ej start |
| Jari Ikaheimonen | Farum OK | Ej start |
| Mikkel Lund | Faaborg OK | Ej start |
| Chris Terkelsen | Farum OK | Ej start |
| Sune Jørgensen | Farum OK | Ej start |
| Troels Christiansen | Søllerød OK | Ej start |
| Jacob D Jensen | Aalborg OK | Ej start |

H35 9.3km/23p

| | | | |
|---|--------------------|------------------|---------|
| 1 | Tim F Weber | Tisvilde Hegn OK | 1:02:44 |
| 2 | Jan Eg Pedersen | Tisvilde Hegn OK | 1:03:04 |
| 3 | Claus Lyngby | OK Gorm | 1:05:07 |
| 4 | Henrik Markvardsen | OK Pan | 1:05:36 |
| 5 | Bo Simonsen | FIF Hillerød | 1:09:05 |
| 6 | Jes M Jensen | TRRI | 1:13:09 |
| 7 | Henrik Iversen | Odense OK | 1:19:17 |

| | | |
|------------------|--------------|----------|
| Jesper Rosenberg | FIF Hillerød | Udgået |
| Kent Pihl | OK Roskilde | Ej start |
| Steen Olsen | Søllerød OK | Ej start |
| Helge L Pedersen | Farum OK | Ej start |

Kenn Kristensen
Jens Hansen

Herning OK
Farum OK

Ej start
Ej start

H40 7.5km/21p

| | | | |
|----|------------------|------------------|---------|
| 1 | Jan Møller | Aalborg OK | 49:23 |
| 2 | Pablo Jensen | Farum OK | 49:54 |
| 3 | Erik Bobach | Silkeborg OK | 55:10 |
| 4 | John Søndergaard | FIF Hillerød | 59:57 |
| 5 | Morten Kjær | Silkeborg OK | 1:00:13 |
| 6 | Torben Utzon | OK Pan | 1:02:14 |
| 7 | Kim Kongstad | Odense OK | 1:02:20 |
| 8 | Søren Maarup | Kolding OK | 1:03:44 |
| 9 | Henrik Albahn | Tisvilde Hegn OK | 1:06:05 |
| 10 | Karsten Jøhnk | OK SYD | 1:06:31 |
| 11 | Troels B Hansen | Lillerød OK | 1:06:56 |
| 12 | Jesper Lysgaard | Herning OK | 1:10:48 |
| 13 | Carsten Dahl | FIF Hillerød | 1:13:27 |
| 14 | Ole Jensen | Mariager OK | 1:13:28 |
| 15 | Walther Rahbek | Aalborg OK | 1:17:01 |
| 16 | Ole Gjøderum | Århus 1900 | 1:26:36 |
| 17 | Søren B Bak | Aalborg OK | 1:28:09 |
| 18 | Finn Arildsen | OK Pan | 1:40:40 |

Niels J Fogh
Lars Humle
Knud Madsen
Jens Behrend
Klaus Staugaard
Søren Sloth
Kaj Munck

OK SYD
TRRI
OK SORØ
Farum OK
Kolding OK
FIF Hillerød
Herlufsholm OK

Udgået
Udgået
Ej start
Ej start
Ej start
Ej start
Ej start

H45 7.2km/18p

| | | | |
|----|------------------|-----------------|---------|
| 1 | Lars Konradsen | FIF Hillerød | 51:20 |
| 2 | Rolf Lund | HSOK, Helsingør | 52:38 |
| 3 | Mogens Hald | Herning OK | 54:17 |
| 4 | Ale Andersen | Herning OK | 54:29 |
| 5 | Bent Hansen | Viborg OK | 54:34 |
| 6 | Lars Sørensen | FIF Hillerød | 54:54 |
| 7 | Torben Seir | HSOK, Helsingør | 56:25 |
| 8 | Jens K Kjærgaard | OK Pan | 59:51 |
| 9 | Steffen Alm | OK SYD | 59:59 |
| 10 | Hans J Vad | Herning OK | 1:01:49 |
| 11 | Søren Larsen | FIF Hillerød | 1:03:40 |
| 12 | Per Korsbæk | St. Binderup OK | 1:04:40 |
| 13 | Kaj Jansson | Randers OK | 1:04:55 |
| 14 | Gert Rebsdorf | Mariager OK | 1:07:20 |
| 15 | Karsten Knudsen | Horsens OK | 1:07:42 |
| 16 | Jørn H Klausen | OK SYD | 1:09:45 |
| 17 | Frede Scheye | Herlufsholm OK | 1:12:26 |
| 18 | Tron Solberg | OK Esbjerg | 1:17:12 |
| 19 | Keld Gade | Viborg OK | 1:17:43 |
| 20 | Niels Hansen | Skive AMOK | 1:27:13 |
| 21 | John D Sørensen | St. Binderup OK | 1:33:06 |

Jørgen Bruun
Flemming Johannsen
Lars V Jørgensen
John Skovbjerg

Aalborg OK
Silkeborg OK
Farum OK
OK Pan

Udgået
Ej start
Ej start
Ej start

H50 6.8km/19p

| | | | |
|----|---------------------|------------------|----------|
| 1 | Jens J Jensen | Herning OK | 49:29 |
| 2 | Fl Wendelboe | HSOK, Helsingør | 52:29 |
| 3 | Leif E Larsen | Tisvilde Hegn OK | 54:05 |
| 4 | Knud Fjordvald | Silkeborg OK | 54:14 |
| 5 | Gunnar G-Sørensen | Tisvilde Hegn OK | 54:32 |
| 6 | Carl-J Rosenberg | FIF Hillerød | 56:43 |
| 7 | Michael Dickenson | Viborg OK | 58:48 |
| 8 | Steen Frandsen | Viborg OK | 59:24 |
| 9 | Carl Malling | Randers OK | 1:01:16 |
| 10 | Flemming D Andersen | Tisvilde Hegn OK | 1:01:42 |
| 11 | Jørgen M-Swendsen | Søllerød OK | 1:02:52 |
| 12 | Keld Abrahamsen | Århus 1900 | 1:03:48 |
| 13 | Jens Ibsen | Svendborg OK | 1:04:17 |
| 14 | John Holm | OK Pan | 1:04:25 |
| 15 | Poul E Buch | OK Gorm | 1:04:50 |
| 16 | Kurt Lyndgaard | OK Pan | 1:08:15 |
| 17 | Niels J Pedersen | Køge OK | 1:10:00 |
| 18 | Ronnie Mc Grail | Randers OK | 1:11:11 |
| 19 | Ulf Mogensen | Aalborg OK | 1:16:01 |
| 20 | Morten Lassen | Faaborg OK | 1:19:36 |
| 21 | Torben Isen | Herning OK | 1:25:24 |
| | Ole Husen | Farum OK | Udgået |
| | Jørgen Bang | OK Esbjerg | Ej start |

H55 5.8km/19p

| | | | |
|----|---------------------|------------------|----------|
| 1 | K K Terkelsen | OK Gorm | 37:44 |
| 2 | Flemming Nørgaard | OK Pan | 43:25 |
| 3 | Jørgen Nielsen | Aalborg OK | 43:36 |
| 4 | Max Hansen | OK Djurs | 43:49 |
| 5 | Leif B Nielsen | Herning OK | 44:14 |
| 6 | Klaus Olsen | Tisvilde Hegn OK | 45:41 |
| 7 | Karsten Funder | FIF Hillerød | 45:43 |
| 8 | Karsten Schultz | FIF Hillerød | 46:01 |
| 9 | Jørn F Andersen | HTF Haderslev | 47:27 |
| 10 | Per Jørgensen | Aalborg OK | 47:31 |
| 11 | John Pihl | ROK | 47:39 |
| 12 | Knud Dam | Kildeholm OK | 49:09 |
| 13 | Ole Hoffmann | OK FROS | 49:17 |
| 14 | Ole Svendsen | OK Roskilde | 49:48 |
| 15 | Ove Gasbjerg | Silkeborg OK | 50:11 |
| 16 | Jørgen Stamp | Odense OK | 50:14 |
| 17 | Erik Damgaard | Faaborg OK | 50:38 |
| 18 | Claus Faber | Silkeborg OK | 52:11 |
| 19 | Per Christensen | OK Esbjerg | 54:08 |
| 20 | Mogens Jørgensen | Søllerød OK | 57:14 |
| 21 | Jørn Simonsen | Ballerup OK | 57:52 |
| 22 | Henning Larsen | Herning OK | 59:17 |
| 23 | Jørgen Chr Nielsen | FIF Hillerød | 59:34 |
| 24 | Sven R Munksgaard | Herning OK | 59:38 |
| 25 | Ole Vexø | Tisvilde Hegn OK | 1:00:46 |
| 26 | Christer Black | Aalborg OK | 1:03:06 |
| 27 | Carsten Q Jørgensen | HTF Haderslev | 1:06:43 |
| 28 | Knud Lindstrøm | OK Esbjerg | 1:06:57 |
| 29 | Frede Jacobsen | OK SYD | 1:11:34 |
| 30 | Knud E Thomsen | Svendborg OK | 1:11:36 |
| | Arne Grøndahl | Søllerød OK | Ej start |

H60 5.7km/14p

| | | | |
|----|--------------------|------------------|----------|
| 1 | Jack Skrydstrup | Kolding OK | 50:37 |
| 2 | Erik Brühl | Søllerød OK | 55:28 |
| 3 | Egon Neregaard | Tisvilde Hegn OK | 56:55 |
| 4 | Henning Løwenstein | FIF Hillerød | 58:53 |
| 5 | Fl Larsen | HSOK, Helsingør | 59:11 |
| 6 | Niels Lyhne | Herlufsholm OK | 1:03:01 |
| 7 | Kai Ø Laursen | Aalborg OK | 1:03:26 |
| 8 | Ole Jensen | Rold Skov OK | 1:08:36 |
| 9 | Hans J Simonsen | OK Pan | 1:15:22 |
| 10 | Asger Kristensen | Herning OK | 1:21:03 |
| 11 | Kai Hansen | OK Djurs | 1:37:53 |
| | Henning Nielsen | Farum OK | Udgået |
| | Knud Sørensen | OK Pan | Ej start |

H65 4.7km/14p

| | | | |
|---|---------------------|-----------------|----------|
| 1 | Bent Mortensen | OK 73 | 43:20 |
| 2 | Aage Knudsen | Herning OK | 45:19 |
| 3 | Jørgen V Arnsted | Odense OK | 45:24 |
| 4 | Bendt Frandsen | Farum OK | 47:24 |
| 5 | N P Pedersen | Kolding OK | 51:31 |
| 6 | Holger Karlsmose | Farum OK | 52:45 |
| 7 | Vagn Lidegaard | St. Binderup OK | 54:49 |
| 8 | Paul Staugaard | Kolding OK | 59:26 |
| | Preben Christiansen | Odense OK | Ej start |

H70 3.8km/12p

| | | | |
|---|----------------|------------------|----------|
| 1 | Palle Bay | Køge OK | 43:02 |
| 2 | Peter Larsen | HSOK, Helsingør | 47:13 |
| 3 | Peter Arildsen | Vendelboerne | 50:45 |
| 4 | Hans Sloth | FIF Hillerød | 57:57 |
| 5 | Røde | Tisvilde Hegn OK | 59:58 |
| 6 | Egil Andersen | FIF Hillerød | 1:05:58 |
| | Nils Jansson | Randers OK | Ej start |