

DM ultralang

Resultatliste D-16 Banelængde: 9,7 KM Antall poster: 16

| Placering | Navn | Klub | Tid |
|-----------|-----------------------|---------------------------------|------------------|
| 1 | Klinting, Signe | FIF Hillerød | 1:04:55 + 00:00 |
| 2 | Bobach, Ida | Silkeborg OK | 1:13:06 + 08:11 |
| 3 | Hauerslev, Marie | OK Pan Århus | 1:13:24 + 08:29 |
| 4 | Nørskov, Anne | OK Øst Birkerød | 1:26:06 + 21:11 |
| 5 | Zethner, Rikke | OK Øst Birkerød | 1:26:48 + 21:53 |
| 6 | Nielsen, Line Elgaard | OK Øst Birkerød | 1:35:47 + 30:52 |
| 7 | Bertelsen, Anne B. | OK HTF | 1:37:32 + 32:37 |
| 8 | Møller, Mie | Aalborg OK | 1:39:27 + 34:32 |
| 9 | Winther, Sofie H | Aalborg OK | 1:56:45 + 51:50 |
| 10 | Johansen, Freja | Aalborg OK | 2:22:51 +1:17:56 |

Resultatliste D17-18 Banelængde: 12,1 KM Antall poster: 22

| Placering | Navn | Klub | Tid |
|-----------|---------------------------|-----------------------------------|-----------------|
| 1 | Alm, Maja | OK HTF | 1:22:55 + 00:00 |
| 2 | Bergmann, Camilla | Allerød OK | 1:26:33 + 03:38 |
| 3 | Jensen, Lærke Lundedal | FIF Hillerød | 1:34:54 + 11:59 |
| 4 | Sørensen, Lærke | OK Roskilde | 1:37:20 + 14:25 |
| 5 | Sørensen, Anita S. | FIF Hillerød | 1:38:14 + 15:19 |
| 6 | Dybdal, Marie | Århus 1900 | 1:47:43 + 24:48 |
| 7 | Spangsberg, Pernille | Odense OK | 1:49:54 + 26:59 |
| 8 | Knudsen, Inge S. | Odense OK | 1:54:31 + 31:36 |
| 9 | Mogensen, Zenia Hejlskov | Silkeborg OK | 2:11:21 + 48:26 |
| 10 | Petersen, Rikke Vide | Horsens OK | 2:14:40 + 51:45 |
| 11 | Winther, Johanne | Aalborg OK | 2:20:33 + 57:38 |
| DNS | Grønberg, Nina Vindegaard | OK Roskilde | |
| DNS | Egander, Mia | Mariager Fjord OK | |

Resultatliste D19-20 Banelængde: 12,1 KM Antall poster: 22

| Placering | Navn | Klub | Tid |
|-----------|-----------------|------------------------------|-----------------|
| 1 | Linde, Ane | OK Pan Århus | 1:18:12 + 00:00 |
| 2 | Søderlund, Line | Farum OK | 1:27:51 + 09:39 |
| 3 | Sørensen, Sofie | OK Roskilde | 1:43:28 + 25:16 |
| DNS | Hjerrild, Mette | OK Pan Århus | |

Resultatliste D21 Banelængde: 16,1 KM Antall poster: 27

| Placering | Navn | Klub | Tid |
|-----------|------------------------|---------------------------------|-----------------|
| 1 | Søes, Signe | OK Pan Århus | 1:43:20 + 00:00 |
| 2 | Knudsen, Karina Boen | Horsens OK | 2:05:06 + 21:46 |
| 3 | Bobach, Helle | Aalborg OK | 2:07:05 + 23:45 |
| 4 | Gadsbølle, Anne-Louise | OK Esbjerg | 2:11:14 + 27:54 |
| 5 | Sommer, Pernille | OK Øst Birkerød | 2:13:30 + 30:10 |
| 6 | Buch, Pernille | OK Gorm | 2:27:22 + 44:02 |
| 7 | Thommesen, Anne Marie | Ballerup OK | 2:35:22 + 52:02 |
| DNS | Thomsen, Sarah Naomi | Horsens OK | |
| DNS | Olesen, Anne Konring | FIF Hillerød | |
| DNS | Johannsen, Gry | OK Pan Århus | |

Resultatliste D35 Banelængde: 12,1 KM Antall poster: 24

| Placering | Navn | Klub | Tid |
|-----------|-------------------|------------------------------|-----------------|
| 1 | Hinge, Heidi | FIF Hillerød | 1:40:42 + 00:00 |
| 2 | Fogh, Hanne | OK Sorø | 1:40:53 + 00:11 |
| 3 | Prokhorova, Tanya | OK HTF | 2:11:05 + 30:23 |
| DNS | Harfot, Berit | Horsens OK | |

Resultatliste D40 Banelængde: 10,7 KM Antall poster: 18

| Placering | Navn | Klub | Tid |
|-----------|-----------------------|-----------------------------|-----------------|
| 1 | Aagaard, Lucia | Herning OK | 1:22:33 + 00:00 |
| 2 | Krogh, Marianne Lynge | Kolding OK | 1:26:29 + 03:56 |
| 3 | Alm, Guri | OK HTF | 1:34:16 + 11:43 |
| 4 | Bonde, Annette | Ballerup OK | 1:48:01 + 25:28 |
| 5 | Nielsen, Lene Stick | Viborg OK | 2:05:12 + 42:39 |

Resultatliste D45 Banelængde: 9,7 KM Antall poster: 16

| Placering | Navn | Klub | Tid |
|-----------|--------------------------|-----------------------------------|------------------|
| 1 | Berg, Ayoe | Odense OK | 1:14:34 + 00:00 |
| 2 | Hansen, Søs Munch | OK Sorø | 1:16:18 + 01:44 |
| 3 | Filskov, Mette | OK Sorø | 1:19:51 + 05:17 |
| 4 | Andersen, Hanne Møller | OK Pan Århus | 1:23:22 + 08:48 |
| 5 | Hansen, Dorthe | Silkeborg OK | 1:24:00 + 09:26 |
| 6 | Nielsen, Kate | OK Snab | 1:41:30 + 26:56 |
| 7 | Halland, Birgitte Erskov | OK Øst Birkerød | 1:53:50 + 39:16 |
| 8 | Post, Jette Bønløkke | Odense OK | 2:05:16 + 50:42 |
| 9 | Urhøj, Kirsten | Tisvilde Hegn OK | 2:25:42 +1:11:08 |
| DSQ | Johnsen, Bente Madsen | Tisvilde Hegn OK | |
| DSQ | Rasmussen, Mona | OK HTF | |
| DNS | Pedersen, Britta Ank | Horsens OK | |
| DNS | Grøn, Anette Egander | Mariager Fjord OK | |

Resultatliste D50 Banelængde: 8,8 KM Antall poster: 15

| Placering | Navn | Klub | Tid |
|-----------|--------------------|--------------------------------|-----------------|
| 1 | Jensen, Inge Price | Odense OK | 1:14:58 + 00:00 |
| 2 | Dybdal, Lone | Århus 1900 | 1:18:30 + 03:32 |
| 3 | Hansen, Lilli | OK Gorm | 1:27:55 + 12:57 |
| 4 | Gade, Pia | Viborg OK | 1:37:04 + 22:06 |
| 5 | Hansen, Lene | Herlufsholm OK | 1:43:04 + 28:06 |
| 6 | Buch, Grethe | OK Gorm | 1:45:23 + 30:25 |
| 7 | Jørgensen, Anna | Århus 1900 | 1:58:40 + 43:42 |
| 8 | Lind, Johanne | Ballerup OK | 2:01:44 + 46:46 |
| DNS | Johannsen, Ingrid | Silkeborg OK | |

Resultatliste D55 Banelængde: 7,6 KM Antall poster: 15

| Placering | Navn | Klub | Tid |
|-----------|---------------------------|-----------------------------------|-----------------|
| 1 | Bentzen, Janet | OK Øst Birkerød | 1:10:02 + 00:00 |
| 2 | Nielsen, Ellen | Horsens OK | 1:13:34 + 03:32 |
| 3 | Borchorst, Elizabeth | Mariager Fjord OK | 1:13:51 + 03:49 |
| 4 | Andersen, Merete Ravnshøj | Herlufsholm OK | 1:18:11 + 08:09 |
| 5 | Bech, Alice | OK 73 | 1:20:05 + 10:03 |
| 6 | Lassen, Ansa Mac | Mariager Fjord OK | 1:21:43 + 11:41 |
| 7 | Sørensen, Edith | Aalborg OK | 1:42:52 + 32:50 |
| 8 | Christiansen, Gerda | Tisvilde Hegn OK | 1:43:36 + 33:34 |
| 9 | Christensen, Jytte | OK Esbjerg | 1:50:15 + 40:13 |
| DNS | Hausner, Birgit | OK S.G. | |

Resultatliste D60 Banelængde: 6,8 KM Antall poster: 12

| Placering | Navn | Klub | Tid |
|-----------|-----------------------|----------------------------------|-----------------|
| 1 | Terkelsen, Asta | OK Gorm | 1:02:14 + 00:00 |
| 2 | Sommer, Ellis Byrgiel | OK Øst Birkerød | 1:02:57 + 00:43 |
| 3 | Neregaard, Aase | Tisvilde Hegn OK | 1:12:30 + 10:16 |
| 4 | Jørgensen, Inge | OK Roskilde | 1:16:36 + 14:22 |
| 5 | Thisted, Ellen | Søllerød OK | 1:19:56 + 17:42 |
| 6 | Neregaard, Helen | Tisvilde Hegn OK | 1:30:11 + 27:57 |
| 7 | Hansen, Betty | OK HTF | 1:43:21 + 41:07 |
| 8 | Olsen, Kirsten | Søllerød OK | 1:43:38 + 41:24 |

Resultatliste H-16 Banelængde: 12,1 KM Antall poster: 24

| Placering | Navn | Klub | Tid |
|-----------|-----------------------------|-----------------------------------|-----------------|
| 1 | Hansen, Rasmus Thrane | Søllerød OK | 1:14:15 + 00:00 |
| 2 | Bergmann, Andreas | Allerød OK | 1:16:43 + 02:28 |
| 3 | Kragh, Martin Laage | OK Roskilde | 1:20:01 + 05:46 |
| 4 | Sørensen, Søren S. | FIF Hillerød | 1:20:15 + 06:00 |
| 5 | Sloth, Kristoffer | Aalborg OK | 1:26:56 + 12:41 |
| 6 | Overgaard, Peter | OK Pan Århus | 1:26:57 + 12:42 |
| 7 | Wilken, Casper | Søllerød OK | 1:31:33 + 17:18 |
| 8 | Berg, Laust | Odense OK | 1:31:58 + 17:43 |
| 9 | Grøn, Lasse | Mariager Fjord OK | 1:33:03 + 18:48 |
| 10 | Grønberg, Christian V. | OK Roskilde | 1:34:12 + 19:57 |
| 11 | Konring, Andreas | Søllerød OK | 1:34:28 + 20:13 |
| 12 | Boserup, Bjarke | Aalborg OK | 1:38:45 + 24:30 |
| 13 | Asmussen, Magnus Færing | Svendborg OK | 1:39:12 + 24:57 |
| 14 | Johansen, Mikkel | Aalborg OK | 1:41:30 + 27:15 |
| 15 | Frich, Martin Midtgaard | OK Roskilde | 1:51:03 + 36:48 |
| 16 | Henriksen, Rasmus Lunding | Svendborg OK | 1:57:58 + 43:43 |
| 17 | Nielsen, Niclas Holm | Mariager Fjord OK | 2:01:43 + 47:28 |
| 18 | Thomsen, Hjalte Sebastian | Horsens OK | 2:03:28 + 49:13 |
| DSQ | Bendt, Henrik | Allerød OK | |
| DSQ | Larsen, Andreas Meyer | Mariager Fjord OK | |
| DNS | Hansen, Emil | Mariager Fjord OK | |
| DNS | Sørensen, Niels Vestergaard | Aalborg OK | |
| DNS | Ødum, Marius Thrane | OK Øst Birkerød | |
| DNS | Ørskov, Christian | OK Gorm | |

Resultatliste H17-18 Banelængde: 17,3 KM Antall poster: 28

| Placering | Navn | Klub | Tid |
|-----------|-----------------------------|-----------------------------------|-----------------|
| 1 | Bobach, Søren | Silkeborg OK | 1:35:46 + 00:00 |
| 2 | Kragh, Rasmus Kiilerich | Skive Amok | 1:39:18 + 03:32 |
| 3 | Nielsen, Rasmus Folino | FIF Hillerød | 1:43:19 + 07:33 |
| 4 | Munthe, Jonas | Mariager Fjord OK | 1:51:34 + 15:48 |
| 5 | Frich, Tobias Midtgaard | OK Roskilde | 1:55:30 + 19:44 |
| 6 | Kreiberg, Michael | OK Roskilde | 2:07:16 + 31:30 |
| 7 | Kristensen, Simon | Faaborg OK | 2:09:43 + 33:57 |
| 8 | Hjerrild, Per | OK Pan Århus | 2:14:45 + 38:59 |
| 9 | Berg, Johan | Odense OK | 2:15:24 + 39:38 |
| 10 | Ingerslev, Kasper | Ballerup OK | 2:20:50 + 45:04 |
| 11 | Ruud, Emil | Helsingør SOK | 2:23:55 + 48:09 |
| DSQ | Sørensen, Peter Vestergaard | Aalborg OK | |
| DNS | Henriksen, Klaus | Vestjysk OK | |
| DNS | Fjellerup, Kasper | FIF Hillerød | |
| DNS | Andersen, Michael | OK Roskilde | |

Resultatliste H19-20 Banelængde: 17,3 KM Antall poster: 28

| Placering | Navn | Klub | Tid |
|-----------|-------------------------|-------------------------------------|-------------------|
| 1 | Djurhuus, Rasmus | FIF Hillerød | 1:32:48 + 00:00 |
| 2 | Nielsen, Emil Folino | FIF Hillerød | 1:37:59 + 05:11 |
| 3 | Mogensen, Rico Hejlskov | St. Binderup OK | 1:39:09 + 06:21 |
| 4 | Lund, Philip Giødesen | Søllerød OK | 1:40:55 + 08:07 |
| 5 | Bobach, Christian | Silkeborg OK | 1:42:17 + 09:29 |
| 6 | Hermanrud, Harald | Odense OK | 1:43:02 + 10:14 |
| 7 | J., Sigge Lundedal | FIF Hillerød | 1:45:15 + 12:27 |
| 8 | Olesen, Anders Konring | FIF Hillerød | 1:47:15 + 14:27 |
| 9 | Gadsbølle, Thomas | OK Esbjerg | 1:55:10 + 22:22 |
| 10 | Hansen, Christian Holm | St. Binderup OK | 2:44:20 + 1:11:32 |
| DNS | Korsbæk, Lasse | Trænregimentets If. | |

Resultatliste H21 Banelængde: 25,9 KM Antall poster: 37

| Placering | Navn | Klub | Tid |
|-----------|--------------------------|-------------------------------------|------------------|
| 1 | Søes, Rasmus | Farum OK | 2:16:31 + 00:00 |
| 2 | Rokkjær, Rene | OK Pan Århus | 2:16:47 + 00:16 |
| 3 | Sørensen, Michael | Tisvilde Hegn OK | 2:23:25 + 06:54 |
| 4 | Nielsen, Nicolai Zaar | Aalborg OK | 2:23:28 + 06:57 |
| 5 | Oscar, Rasmus | Faaborg OK | 2:36:12 + 19:41 |
| 6 | Christiansen, Troels | Søllerød OK | 2:45:22 + 28:51 |
| 7 | Fredberg, Thomas | Silkeborg OK | 2:50:45 + 34:14 |
| 8 | Lassen, Chr. Peter Mac | Trænregimentets If. | 2:51:14 + 34:43 |
| 9 | Kallestrup, Henrik | Silkeborg OK | 3:13:35 + 57:04 |
| 10 | Jacobsen, Johan Holkmann | OK Øst Birkerød | 3:27:00 +1:10:29 |
| 11 | Ploug, Morten | Ballerup OK | 3:36:54 +1:20:23 |
| DNS | Nielsen, Lars | Kolding OK | |
| DNS | Knudsen, Bjarne | Faaborg OK | |
| DNS | Lindstrøm, Lars | FIF Hillerød | |
| DNS | Christensen, Christian | OK Pan Århus | |
| DNS | Thorsen, Emil | OK Esbjerg | |
| DNS | Jørgensen, Flemming | Kolding OK | |

Resultatliste H35 Banelængde: 18,8 KM Antall poster: 30

| Placering | Navn | Klub | Tid |
|-----------|-----------------------|----------------------------------|-----------------|
| 1 | Hansen, Peter Reibert | FIF Hillerød | 1:51:33 + 00:00 |
| 2 | Fenger-Grøn, Jesper | Kolding OK | 1:57:06 + 05:33 |
| 3 | Krogsgaard, Keld J. | FIF Hillerød | 2:02:58 + 11:25 |
| 4 | Ottesen, Alex | Ballerup OK | 2:15:03 + 23:30 |
| 5 | Mikkelsen, Mads | Horsens OK | 2:34:59 + 43:26 |
| 6 | Neregaard, Morten | Tisvilde Hegn OK | 2:39:25 + 47:52 |
| DSQ | Sørensen, Kåre | OK Sorø | |

Resultatliste H40 Banelængde: 17,2 KM Antall poster: 28

| Placering | Navn | Klub | Tid |
|-----------|---------------------------|-----------------------------------|------------------|
| 1 | Weber, Tim Falck | Tisvilde Hegn OK | 1:42:29 + 00:00 |
| 2 | Ødum, Rasmus | OK Øst Birkerød | 1:44:46 + 02:17 |
| 3 | Topp, Bjarne | OK Øst Birkerød | 1:48:49 + 06:20 |
| 4 | Pedersen, Helge Lang | Farum OK | 1:56:29 + 14:00 |
| 5 | Christensen, Claus F. | OK Fros | 2:02:36 + 20:07 |
| 6 | Kragh, Anders Laage | OK Roskilde | 2:05:07 + 22:38 |
| 7 | Jøhnik, Karsten | OK Syd | 2:09:52 + 27:23 |
| 8 | Utzon, Torben | OK Pan Århus | 2:11:47 + 29:18 |
| 9 | Jørgensen, Jens-Christian | Ballerup OK | 2:12:29 + 30:00 |
| 10 | Bach, Henrik | Mariager Fjord OK | 2:13:47 + 31:18 |
| 11 | Clausen, Thomas | Holbæk OK | 2:16:57 + 34:28 |
| 12 | Kristensen, Kenn | Herning OK | 2:17:21 + 34:52 |
| 13 | Ullner, Thomas | OK Djurs | 2:18:08 + 35:39 |
| 14 | Rasmussen, Frank | Ballerup OK | 2:19:12 + 36:43 |
| 15 | Jensen, Niels | OK Esbjerg | 2:22:28 + 39:59 |
| 16 | Thomsen, Henrik B. | OK Esbjerg | 2:26:01 + 43:32 |
| 17 | Sandgaard, Henrik | OK Øst Birkerød | 3:00:02 +1:17:33 |
| 18 | Nielsen, Alex Lund | Horsens OK | 3:07:15 +1:24:46 |
| DNS | Kærsgaard, Kristian | Ballerup OK | |
| DNS | Olsen, Steen | Søllerød OK | |

Resultatliste H45 Banelængde: 16 KM Antall poster: 28

| Placering | Navn | Klub | Tid |
|-----------|------------------------|------------------------------|-----------------|
| 1 | Andersen, Henrik Steen | Svendborg OK | 1:43:39 + 00:00 |
| 2 | Østergaard, Peter | OK 73 | 1:48:25 + 04:46 |
| 3 | Bruun, Jørgen | Aalborg OK | 1:49:15 + 05:36 |
| 4 | Gadsbølle, Ole | OK Esbjerg | 1:53:32 + 09:53 |
| 5 | Binder, Ole | OK Gorm | 2:03:09 + 19:30 |

| | | | |
|-----|---------------------|-----------------------------------|------------------|
| 6 | Bobach, Erik | Silkeborg OK | 2:05:57 + 22:18 |
| 7 | Kristensen, Arne | Herlufsholm OK | 2:08:01 + 24:22 |
| 8 | Bentsen, Jens | OK Øst Birkerød | 2:08:27 + 24:48 |
| 9 | Hansen, Troels Bent | Allerød OK | 2:08:57 + 25:18 |
| 10 | Behrend, Jens | Farum OK | 2:24:59 + 41:20 |
| 11 | Bertelsen, Arne | OK HTF | 2:30:01 + 46:22 |
| 12 | Munck, Svend-Erik | Herlufsholm OK | 2:49:03 +1:05:24 |
| 13 | Boserup, Finn | Aalborg OK | 3:01:57 +1:18:18 |
| DSQ | Cavan, Palle | OK West | |
| DSQ | Thuesen, Kurt | K.F.I.U. | |
| DSQ | Jensen, Bjarne B. | Helsingør SOK | |
| DNS | Sørensen, Lauge S. | FIF Hillerød | |
| DNS | Munck, Kaj | Herlufsholm OK | |
| DNS | Frederiksen, Jan | OK Roskilde | |
| DNS | Hansen, Povl | Mariager Fjord OK | |
| DNS | Vad, Hans Jørgen | Herning OK | |
| DNS | Kjær, Morten | Silkeborg OK | |
| DNS | Henriksen, Per | Vestjysk OK | |
| DNS | Rahbek, Walther | Aalborg OK | |

Resultatliste H50 Banelængde: 14,6 KM Antall poster: 26

| Placering | Navn | Klub | Tid |
|-----------|----------------------------|--|-----------------|
| 1 | Lund, Rolf | Helsingør SOK | 1:25:36 + 00:00 |
| 2 | Larsen, Leif E. | Tisvilde Hegn OK | 1:38:48 + 13:12 |
| 3 | Alm, Steffen | OK HTF | 1:39:20 + 13:44 |
| 4 | Skaarup, Jørgen | Ballerup OK | 1:44:34 + 18:58 |
| 5 | Hansen, Torkil | Politiets If-København | 1:45:02 + 19:26 |
| 6 | Madsen, Kresten | Odense OK | 1:46:55 + 21:19 |
| 7 | Andersen, Ole | Herning OK | 1:49:30 + 23:54 |
| 8 | Andersen, Aksel | OK Roskilde | 1:52:45 + 27:09 |
| 9 | Petersen, Lars Hanghøj | Ballerup OK | 1:53:03 + 27:27 |
| 10 | Christensen, Jens | Mariager Fjord OK | 1:55:44 + 30:08 |
| 11 | Jansson, Kaj | Randers OK | 2:01:10 + 35:34 |
| 12 | Kjærgaard, Jens Kristian | OK Pan Århus | 2:03:33 + 37:57 |
| 13 | Jensen, Asger | OK Roskilde | 2:09:03 + 43:27 |
| 14 | Rebsdorf, Gert | Mariager Fjord OK | 2:16:09 + 50:33 |
| 15 | Jensen, Ole D. | Tisvilde Hegn OK | 2:17:21 + 51:45 |
| 16 | Olsen, Lars | OK Roskilde | 2:17:58 + 52:22 |
| 17 | Matthiesen, Jon | OK Syd | 2:18:07 + 52:31 |
| DSQ | Gade, Keld | Viborg OK | |
| DSQ | Sloth, Egon | Ålborg P.I. O-Afd. | |
| DSQ | Hansen, Niels A. Kiilerich | Skive Amok | |

Resultatliste H55 Banelængde: 13,4 KM Antall poster: 23

| Placering | Navn | Klub | Tid |
|-----------|-----------------------------|----------------------------------|-----------------|
| 1 | Brunstedt, Janne | OK Roskilde | 1:36:38 + 00:00 |
| 2 | Johnsen, Keld | Tisvilde Hegn OK | 1:38:06 + 01:28 |
| 3 | Grue-Sørensen, Gunnar | Tisvilde Hegn OK | 1:40:59 + 04:21 |
| 4 | Jørgensen, Finn | OK HTF | 1:44:19 + 07:41 |
| 5 | Frandsen, Steen | Viborg OK | 1:45:47 + 09:09 |
| 6 | Jensen, Jens Jørgen | Herning OK | 1:46:06 + 09:28 |
| 7 | Næss, Petter | Aalborg OK | 1:50:27 + 13:49 |
| 8 | Abrahamsen, Keld | Århus 1900 | 1:53:36 + 16:58 |
| 9 | Fjordvald, Knud | Silkeborg OK | 2:00:17 + 23:39 |
| 10 | Berner, Ole | Søllerød OK | 2:00:40 + 24:02 |
| 11 | Rabølle, Niels | Odense OK | 2:02:31 + 25:53 |
| 12 | Olsen, Klaus | Tisvilde Hegn OK | 2:04:04 + 27:26 |
| 13 | Nielsen, Eigil | Horsens OK | 2:04:12 + 27:34 |
| 14 | Mortensen, Niels Filtenborg | Skive Amok | 2:04:30 + 27:52 |
| 15 | Strandgaard, Christian | Søllerød OK | 2:04:47 + 28:09 |
| 16 | Wendelboe, Flemming | Helsingør SOK | 2:05:34 + 28:56 |
| 17 | Richardt, Karsten | Køge OK | 2:06:52 + 30:14 |

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|-----|------------------------|-----------------------------------|------------------|
| 18 | Jensen, Leif | OK Skærmn | 2:08:58 + 32:20 |
| 19 | Damgaard, Erik | Faaborg OK | 2:13:35 + 36:57 |
| 20 | Larsen, Henning | Horsens OK | 2:19:59 + 43:21 |
| 21 | Kaspersen, Kaj | Herning OK | 2:21:07 + 44:29 |
| 22 | Hansen, Helmuth | Herlufsholm OK | 2:26:46 + 50:08 |
| 23 | Petersen, Henning Vide | Horsens OK | 2:27:15 + 50:37 |
| 24 | Isen, Torben | Herning OK | 2:27:33 + 50:55 |
| 25 | Sommer, Ole | OK Øst Birkerød | 2:34:48 + 58:10 |
| 26 | Jørgensen, Ove | Århus 1900 | 2:45:04 +1:08:26 |
| DSQ | Petersen, Niels Møller | OK Fros | |
| DNS | Strib, Hans Christian | Ballerup OK | |
| DNS | Appel, Kjeld | Silkeborg OK | |
| DNS | Grøn, Poul Egander | Mariager Fjord OK | |

Resultatliste H60 Banelængde: 12,1 KM Antall poster: 24

| Placering | Navn | Klub | Tid |
|-----------|--------------------------|--|-----------------|
| 1 | Grøndahl, Arne | Søllerød OK | 1:34:55 + 00:00 |
| 2 | Rude, Peter | Reserveofficerernes OK | 1:35:59 + 01:04 |
| 3 | Nielsen, Hans | OK HTF | 1:38:26 + 03:31 |
| 4 | Bech, Arne | OK 73 | 1:40:13 + 05:18 |
| 5 | Borgbjerg, Svend | Silkeborg OK | 1:40:31 + 05:36 |
| 6 | Terkelsen, Karl Kristian | OK Gorm | 1:41:21 + 06:26 |
| 7 | Olesen, Jørgen | Odense Politis If. | 1:42:47 + 07:52 |
| 8 | Jensen, Erik Anders | Silkeborg OK | 1:44:37 + 09:42 |
| 9 | Nørgaard, Flemming | OK Pan Århus | 1:45:21 + 10:26 |
| 10 | Hansen, Mogens | OK Skærmn | 1:45:53 + 10:58 |
| 11 | Nielsen, Leif B. | Herning OK | 1:46:20 + 11:25 |
| 12 | Pihl, John | Reserveofficerernes OK | 1:46:45 + 11:50 |
| 13 | Hoffmann, Ole | OK Fros | 1:48:26 + 13:31 |
| 14 | Andersen, Jørn F. | OK HTF | 1:51:12 + 16:17 |
| 15 | Nielsen, Finn Hørup | Aalborg OK | 1:54:45 + 19:50 |
| 16 | Jensen, H. V. | Odense OK | 1:55:18 + 20:23 |
| 17 | Olsen, Keld | OK 73 | 1:56:04 + 21:09 |
| 18 | Christensen, Per | OK Esbjerg | 1:58:47 + 23:52 |
| 19 | Simonsen, Kjeld | OK Djurs | 1:59:20 + 24:25 |
| 20 | Skovlyst, Aksel | Faaborg OK | 2:12:06 + 37:11 |
| DSQ | Svendsen, Ole | OK Roskilde | |

Resultatliste H65 Banelængde: 9,7 KM Antall poster: 16

| Placering | Navn | Klub | Tid |
|-----------|---------------------|-----------------------------------|-----------------|
| 1 | Neregaard, Egon | Tisvilde Hegn OK | 1:20:32 + 00:00 |
| 2 | Pedersen, Arne | Mariager Fjord OK | 1:21:56 + 01:24 |
| 3 | Laursen, Kai Ø. | Aalborg OK | 1:25:04 + 04:32 |
| 4 | Sørensen, Knud | OK Pan Århus | 1:28:25 + 07:53 |
| 5 | Lyhne, Niels | Herlufsholm OK | 1:33:07 + 12:35 |
| 6 | Løwenstein, Henning | FIF Hillerød | 1:33:31 + 12:59 |
| 7 | Skrydstrup, Jack | Kolding OK | 1:39:37 + 19:05 |
| 8 | Odgaard, Olav | Odense OK | 1:41:05 + 20:33 |
| DSQ | Nielsen, Henning | Farum OK | |
| DNS | Skøt, Erland | OK HTF | |

Resultatliste H70 Banelængde: 7,4 KM Antall poster: 13

| Placering | Navn | Klub | Tid |
|-----------|-----------------------|-----------------------------|-----------------|
| 1 | Christiansen, Preben | Odense OK | 1:10:41 + 00:00 |
| 2 | Tamberg, Gunnar | Ballerup OK | 1:13:32 + 02:51 |
| 3 | Larsen, Torsten Boe | Odense OK | 1:14:19 + 03:38 |
| 4 | Mortensen, Bent | OK 73 | 1:15:49 + 05:08 |
| 5 | Ravn, Jakob | Horsens OK | 1:16:33 + 05:52 |
| 6 | Arnsted, Jørgen Voigt | Odense OK | 1:20:11 + 09:30 |
| 7 | Jacobsen, Bent | Kolding OK | 1:21:40 + 10:59 |
| 8 | Nielsen, Keld B. | OK HTF | 1:26:24 + 15:43 |

Resultatliste H75 Banelængde: 6,8 KM Antall poster: 12

| Placering | Navn | Klub | Tid |
|-----------|-------------------|-------------------------------|-----------------|
| 1 | Bay, Palle | Køge OK | 1:13:46 + 00:00 |
| 2 | Larsen, Peter | Helsingør SOK | 1:16:37 + 02:51 |
| 3 | Momsen, Bjørn | Silkeborg OK | 1:25:00 + 11:14 |
| 4 | Larsen, Haagen E. | OK HTF | 1:34:49 + 21:03 |
| 5 | Poulsen, Jørgen | OK 73 | 1:43:34 + 29:48 |
| DSQ | Jansson, Nils | Randers OK | |
| DNS | Lykkegård, Rasmus | Silkeborg OK | |

Resultatliste H80 Banelængde: 4,2 KM Antall poster: 10

| Placering | Navn | Klub | Tid |
|-----------|--------------------------|----------------------------------|-----------------|
| 1 | Konradsen, Ib Glud | Søllerød OK | 57:28 + 00:00 |
| 2 | Jakobsen, Poul Erik Birk | Tisvilde Hegn OK | 1:11:31 + 14:03 |
| 3 | Berg, Carl Egon | Odense OK | 1:18:50 + 21:22 |
| 4 | Hansen, Thorkil | OK 73 | 1:19:29 + 22:01 |
| 5 | Jørrald, Helge Ove | OK Snab | 1:20:54 + 23:26 |
| 6 | Mogensen, Børge W. | OK 73 | 1:34:10 + 36:42 |
| DSQ | Nielsen, Thorkild | Faaborg OK | |