

DM Nat

D -12 4,0 km./14 poster

Placering	Navn	Klub	Tid	Diff
1	Amanda Falck Weber	Tisvilde Hegn Ok	00:39:25	+ 00:00:00
2	Signe Kobæk Edsen	Nordvest Ok	00:46:13	+ 00:06:48
3	Iben Valery	Tisvilde Hegn Ok	00:57:20	+ 00:17:55
DSQ	Caroline Finderup Jensen	Ok Pan Århus	00:25:18	DSQ

D -14 4,1 km./13 poster

Placering	Navn	Klub	Tid	Diff
1	Emma Roos Friis	Allerød Ok	00:37:05	+ 00:00:00
2	Linnea S. Udholm	Aalborg Ok	00:37:14	+ 00:00:09
3	Sidsel Dan Hull	Allerød Ok	00:43:25	+ 00:06:20
4	Anne Ekhard Edsen	Aarhus 1900	00:43:25	+ 00:06:20
5	Simone Wraa	Tisvilde Hegn Ok	00:43:30	+ 00:06:25
6	Miri Thrane Ødum	Ok Øst Birkerød	00:46:20	+ 00:09:15
7	Tanja Krogh Andersen	Ok Øst Birkerød	00:54:03	+ 00:16:58
8	Maria Beukel Bak	Aalborg Ok	01:01:38	+ 00:24:33
9	Marie-Louise Møller	Aalborg Ok	01:17:21	+ 00:40:16

D -16 5,5 km./14 poster

Placering	Navn	Klub	Tid	Diff
1	Astrid Ank Jørgensen	Horsens Ok	00:46:35	+ 00:00:00
2	Anne Nørskov	Ok Øst Birkerød	00:48:37	+ 00:02:02
3	Stine Bagger Hagner	Silkeborg Ok	00:51:44	+ 00:05:09
4	Cæcilie Christoffersen	Svendborg Ok	00:53:37	+ 00:07:02
5	Ita Klingenberg	Faaborg Ok	00:55:36	+ 00:09:01
6	Anne Mette Schmidt	Silkeborg Ok	01:02:39	+ 00:16:04
7	Cecilie Smedegaard Madsen	Ok Sorø	01:05:47	+ 00:19:12
8	Lærke Vejsnæs	Ok Sorø	01:08:38	+ 00:22:03
9	Anne B. Bertelsen	Ok H.t.f.	01:09:17	+ 00:22:42
10	Caroline Konring	Søllerød Ok	01:11:56	+ 00:25:21
11	Maya Elise Filskov	Ok Sorø	01:12:32	+ 00:25:57
	Emma Klingenberg	Faaborg Ok		

D -20 6,8 km./17 poster

Placering	Navn	Klub	Tid	Diff
1	Signe Klinting	Fif Hillerød Orientering	00:45:23	+ 00:00:00
2	Ida Bobach	Silkeborg Ok	00:49:54	+ 00:04:31
3	Camilla Bergmann	Allerød Ok	00:58:11	+ 00:12:48
4	Marie Hauerslev	Ok Pan Århus	00:59:05	+ 00:13:42
5	Lærke Lundedal Jensen	Fif Hillerød	01:02:27	+ 00:17:04

6	Nanna Dybdal Abrahamsen	Aarhus 1900	01:06:23	+ 00:21:00
7	Inge S. Knudsen	Faaborg Ok	01:10:49	+ 00:25:26
8	Line Elgård Nielsen	Ok Øst Birkerød	01:14:18	+ 00:28:55
DSQ	Camilla Søgaard	Horsens Ok	01:04:20	
	Rikke Zethner	Ok Øst Birkerød		

D 21- 9,0 km./22 poster

Placering	Navn	Klub	Tid	Diff
1	Line Søderlund	Farum Ok	01:11:01	+ 00:00:00
2	Ane Linde	Ok Pan Århus	01:15:42	+ 00:04:41
3	Masha Semak	Farum Ok	01:19:25	+ 00:08:24
4	Helle Bobach	Aalborg Ok	01:22:51	+ 00:11:50
5	Anne Marie Thommesen	Ballerup Ok	01:34:18	+ 00:23:17
6	Pernille Buch	Ok Gorm	01:48:15	+ 00:37:14
7	Marita Weierud	Ok Pan Århus	01:59:56	+ 00:48:55
DSQ	Annika Rihma	Farum Ok	00:49:13	DSQ
	Rikke Stamp	Aalborg Ok		

D 35- 6,4 km./18 poster

Placering	Navn	Klub	Tid	Diff
1	Nina Hoffmann	Hærens Officersskoles If	00:57:44	+ 00:00:00
2	Yvonne Fjordside	Ok Pan Århus	01:05:16	+ 00:07:32
3	Heidi Hinge	Silkeborg Ok	01:21:23	+ 00:23:39

D 40- 5,5 km./14 poster

Placering	Navn	Klub	Tid	Diff
1	Marianne Lynge Krogh	Kolding Ok	00:48:34	+ 00:00:00
2	Eva Smedegaard	Ok Sorø	00:50:28	+ 00:01:54
3	Bodil Karlsrose Kliem	Farum Ok	00:57:10	+ 00:08:36
4	Ethna Cavanagh	Faaborg Ok	01:09:28	+ 00:20:54
5	Lene Stick Nielsen	Viborg Ok	01:11:11	+ 00:22:37
DSQ	Kirsten Møller	Søllerød Ok	01:42:21	DSQ
	Dorte Dahl	Fif Hillerød		
	Charlotte Bergmann	Allerød Ok		

D 45- 5,1 km./16 poster

Placering	Navn	Klub	Tid	Diff
1	Søs Munch Hansen	Ok Sorø	00:49:18	+ 00:00:00
2	Lucia Aagaard	Herning OK	00:51:39	+ 00:02:21
3	Dorthe Hansen	Silkeborg Ok	00:52:52	+ 00:03:34
4	Annette Bonde	Ballerup Ok	00:53:54	+ 00:04:36
5	Bettina Gjedde	Mariager Fjord Ok	00:57:45	+ 00:08:27
6	Gitte Isen	Herning OK	00:58:53	+ 00:09:35
7	Bodil Schulz	Herning OK	01:01:55	+ 00:12:37

8	Mette Filskov	Ok Sorø	01:02:10	+ 00:12:52
9	Naja Dan Møller	Allerød Ok	01:07:47	+ 00:18:29
10	Anette Egander Grøn	Mariager Fjord Ok	01:14:26	+ 00:25:08
11	Ulla Place Petersen	Allerød Ok	01:24:52	+ 00:35:34

D 50- 4,7 km./14 poster

Placering	Navn	Klub	Tid	Diff
1	Grethe Anæus	Viborg Ok	00:55:16	+ 00:00:00
2	Hanne Møller Andersen	Ok Pan Århus	01:00:02	+ 00:04:46
3	Ingrid Johannsen	Silkeborg Ok	01:03:07	+ 00:07:51
4	Lone Dybdal	Aarhus 1900	01:04:24	+ 00:09:08
5	Hanne Ljungberg	Ok Syd	01:14:26	+ 00:19:10
6	Birgitte Halle	Aarhus 1900	01:26:11	+ 00:30:55
7	Tove Jakobsen	Silkeborg Ok	01:26:25	+ 00:31:09

D 55- 4,7 km./14 poster

Placering	Navn	Klub	Tid	Diff
1	Elizabeth Borchorst	Mariager Fjord Ok	01:02:36	+ 00:00:00
2	Janet Bentzen	Ok Øst Birkerød	01:07:27	+ 00:04:51
3	Ansa Maclassen	Mariager Fjord Ok	01:15:04	+ 00:12:28
4	Ann Dorrit Hansen	Ok Djurs	01:15:32	+ 00:12:56
5	Pia Gade	Viborg Ok	01:23:15	+ 00:20:39
6	Lisbeth Damsgaard	Søllerød Ok	01:23:53	+ 00:21:17
	Gerda Christiansen	Tisvilde Hegn Ok		

D 60- 4,0 km./14 poster

Placering	Navn	Klub	Tid	Diff
1	Inge Jørgensen	Ok Roskilde	00:50:45	+ 00:00:00
2	Asta Terkelsen	Ok Gorm	01:01:24	+ 00:10:39
3	Vibeke Vogelius	Silkeborg Ok	01:04:47	+ 00:14:02

D 65- 3,5 km./14 poster

Placering	Navn	Klub	Tid	Diff
1	Aase Neregaard	Tisvilde Hegn Ok	01:24:40	+ 00:00:00
2	Vivi Arildsen	Ok Vendelboerne	01:25:34	+ 00:00:54
DSQ	Helen Neregaard	Tisvilde Hegn Ok	01:19:19	DSQ
DSQ	Inger Knudsen	Herning OK	00:56:45	DSQ

H -12 4,0 km./14 poster

Placering	Navn	Klub	Tid	Diff
1	Mikkel Aaen	Farum Ok	00:27:11	+ 00:00:00
2	Emil Øbro	Tisvilde Hegn Ok	00:30:46	+ 00:03:35
3	Anton Scherfig Weber	Tisvilde Hegn Ok	00:31:59	+ 00:04:48
4	Christian Bagger Hagner	Silkeborg Ok	00:32:33	+ 00:05:22

5	Jakob Mollerup Benfeldt	Odense Ok	00:33:25	+ 00:06:14
6	Teis Bo Damm Andreasen	Allerød Ok	00:33:56	+ 00:06:45
7	Kasper Iversen	Kolding Ok	01:30:55	+ 01:03:44
DSQ	Malthe Gaarsdal	Farum Ok	00:07:57	DSQ

H -14 4,1 km./13 poster

Placering	Navn	Klub	Tid	Diff
1	Thor Nørskov	Ok Øst Birkerød	00:27:13	+ 00:00:00
2	Joakim Sehested Sie	Ok Øst Birkerød	00:30:53	+ 00:03:40
3	Silas Frederik Thomsen	Horsens Ok	00:31:08	+ 00:03:55
4	Jonas Falck Weber	Tisvilde Hegn Ok	00:35:08	+ 00:07:55
5	Conor Klingenberg	Faaborg Ok	00:38:24	+ 00:11:11
6	Rasmus Sørensen	Ok Melfar	00:42:05	+ 00:14:52
7	Magnus Frandsen	Aarhus 1900	01:13:34	+ 00:46:21
DSQ	Daniel Purup-Nielsen	Horsens Ok	00:00:00	DSQ
	Stefan Frands Petersen	Allerød Ok		

H -16 6,8 km./17 poster

Placering	Navn	Klub	Tid	Diff
1	Marius Thrane Ødum	Ok Øst Birkerød	00:45:16	+ 00:00:00
2	Mikkel Sørensen	Ok Melfar	00:51:03	+ 00:05:47
3	Rasmus Lunding Henriksen	Svendborg Ok	00:57:02	+ 00:11:46
4	Nikolaj William Agervold	Tisvilde Hegn Ok	01:00:39	+ 00:15:23
5	Mads Mollerup Benfeldt	Odense Ok	01:06:02	+ 00:20:46
6	Lars Hjerrild	Ok Pan Århus	01:14:02	+ 00:28:46
7	Simon Fjordvald	Silkeborg Ok	01:15:50	+ 00:30:34
8	Victor Hauerslev	Ok Pan Århus	01:16:32	+ 00:31:16
9	Jakob Iversen	Kolding Ok	01:29:23	+ 00:44:07
DSQ	Andreas Proschowsky	Allerød Ok	00:41:08	DSQ
	Martin Midtgaard Frich	Ok Roskilde		

H -18 9,0 km./22 poster

Placering	Navn	Klub	Tid	Diff
1	Søren S. Sørensen	Fif Hillerød	01:01:39	+ 00:00:00
2	Andreas Boesen	Ok Roskilde	01:05:38	+ 00:03:59
3	Rasmus Thrane Hansen	Søllerød Ok	01:06:15	+ 00:04:36
4	Henrik Bendt	Allerød Ok	01:13:34	+ 00:11:55
5	Rasmus Iversen	Odense Ok	01:15:42	+ 00:14:03
6	Kristoffer Sloth	Aalborg Ok	01:16:16	+ 00:14:37
7	Christian V. Grønberg	Ok Roskilde	01:17:39	+ 00:16:00
8	Lasse Grøn	Mariager Fjord Ok	01:18:47	+ 00:17:08
9	Rasmus Søgaard	Horsens Ok	01:25:18	+ 00:23:39
10	Anders Schmidt	Silkeborg Ok	01:28:56	+ 00:27:17
11	Christian Bertel Andersen	Karup Ok	01:50:33	+ 00:48:54
DSQ	Mikkel Johansen	Aalborg Ok	01:03:44	DSQ

DSQ	Andreas Bergmann	Allerød Ok	00:52:52	DSQ
DSQ	Martin Laage Kragh	Ok Roskilde	00:50:53	DSQ
DSQ	Andreas Konring	Søllerød Ok	00:46:13	DSQ
	Hjalte Sebastian Thomsen	Horsens Ok		
	Bjarke Boserup	Aalborg Ok		

H -20 11,0 km./26 poster

Placering	Navn	Klub	Tid	Diff
1	Rasmus Folino Nielsen	Fif Hillerød	01:17:07	+ 00:00:00
2	Rasmus Kiilerich Kragh	Skive Amok	01:26:03	+ 00:08:56
3	Asbjørn Mathiasen	Silkeborg Ok	01:26:40	+ 00:09:33
4	Kasper Fjellerup	Fif Hillerød	01:26:43	+ 00:09:36
5	Tobias Midtgaard Frich	Ok Roskilde	01:28:00	+ 00:10:53
6	Michael Kreiberg	Ok Roskilde	01:31:03	+ 00:13:56
7	Michael Andersen	Ok Roskilde	01:31:28	+ 00:14:21
8	Kristian Vad	Herning OK	01:33:21	+ 00:16:14
9	Simon Kristensen	Faaborg Ok	01:34:22	+ 00:17:15
DSQ	Daniel Jensen	Faaborg Ok	00:28:08	DSQ

H 21- 14,3 km./33 poster

Placering	Navn	Klub	Tid	Diff
1	Rasmus Djurhuus	Fif Hillerød	01:27:29	+ 00:00:00
2	Runo Olsen	Tisvilde Hegn Ok	01:30:29	+ 00:03:00
3	Christian Christensen	Ok Pan Århus	01:31:11	+ 00:03:42
4	Christian Bobach	Silkeborg Ok	01:31:49	+ 00:04:20
5	Peter Horstmann	Søllerød Ok	01:32:18	+ 00:04:49
6	Mikkel Lund	Faaborg Ok	01:34:49	+ 00:07:20
7	Tue Hjort Lassen	Faaborg Ok	01:35:29	+ 00:08:00
8	Nicolai Zaar Nielsen	Aalborg Ok	01:35:42	+ 00:08:13
9	Yevhen Kandybey	Farum Ok	01:35:57	+ 00:08:28
10	Flemming Jørgensen	Ok Snab	01:36:07	+ 00:08:38
11	Emil Folino Nielsen	Fif Hillerød	01:42:44	+ 00:15:15
12	Anders Konring Olesen	Fif Hillerød	01:42:57	+ 00:15:28
13	Sigge Lundedal J.	Fif Hillerød	01:43:39	+ 00:16:10
14	Bjarne Knudsen	Faaborg Ok	01:44:37	+ 00:17:08
15	Casper Wraa	Fif Hillerød	01:45:27	+ 00:17:58
16	Ulrik Nielsen	Søllerød Ok	01:47:59	+ 00:20:30
17	Thomas Jørgensen	Fif Hillerød	02:11:26	+ 00:43:57
DSQ	Rico Hejlskov Mogensen	St. Binderup Ok	00:37:28	DSQ
DSQ	Allan Reiche	Ok Vendelboerne	01:43:54	DSQ
DSQ	Rasmus Oscar	Faaborg Ok	01:39:08	DSQ
DSQ	Erling Thisted	Søllerød Ok	01:46:52	DSQ
DSQ	Henrik Kallestrup	Silkeborg Ok	00:35:10	DSQ
	Erik Skovgaard Knudsen	Faaborg Ok		
	René Rokkjær	Ok Pan Århus		

H 35-**11,2 km./23 poster**

Placering	Navn	Klub	Tid	Diff
1	Ebbe Nielsen	Ok Pan Århus	01:15:11	+ 00:00:00
2	Jesper Jensen	Farum Ok	01:16:49	+ 00:01:38
3	Peter Reibert Hansen	Fif Hillerød	01:19:59	+ 00:04:48
4	Thomas Meyer	Fif Hillerød	01:23:22	+ 00:08:11
5	Keld J. Krosgaard	Silkeborg Ok	01:23:34	+ 00:08:23
6	Lars Rasmussen	Ballerup Ok	01:26:56	+ 00:11:45
7	Carsten Thyssen	Horsens Ok	01:32:32	+ 00:17:21
8	Lars Munktvad	Allerød Ok	01:40:35	+ 00:25:24
9	Thomas Fredberg	Silkeborg Ok	01:44:38	+ 00:29:27
10	Mads Mikkelsen	Horsens Ok	01:52:11	+ 00:37:00
11	Lars Lyngsø	Lyngby Ok	02:04:32	+ 00:49:21
DSQ	Morten Ibsen	Herning OK	01:38:46	DSQ
	Gert Johansson	Ok Pan Århus		

H 40-**9,4 km./24 poster**

Placering	Navn	Klub	Tid	Diff
1	Tim Falck Weber	Tisvilde Hegn Ok	01:07:20	+ 00:00:00
2	Henrik Markvardsen	Tisvilde Hegn Ok	01:07:42	+ 00:00:22
3	Lars Simonsen	Fif Hillerød	01:09:08	+ 00:01:48
4	Jesper Fenger-Grøn	Ok Snab	01:16:01	+ 00:08:41
5	Rolf Valery	Tisvilde Hegn Ok	01:19:43	+ 00:12:23
6	Claus S. Pedersen	Aalborg Ok	01:19:54	+ 00:12:34
7	Ole Lind	Ballerup Ok	01:28:31	+ 00:21:11
8	Claus Grøn Lyngby	Ok Gorm	01:30:32	+ 00:23:12
9	Henrik Bjørn Hansen	Fif Hillerød	01:31:24	+ 00:24:04
10	Morten Neregaard	Tisvilde Hegn Ok	01:33:23	+ 00:26:03
11	Lars Thestrup	Ok H.t.f.	01:52:11	+ 00:44:51
DSQ	Michael Holm	Karup Ok	02:35:07	DSQ
DSQ	Alex Ottesen	Ballerup Ok	00:32:07	DSQ
	Rasmus Ødum	Ok Øst Birkerød		
	Anders Edsen	Aarhus 1900		

H 45-**7,8 km./17 poster**

Placering	Navn	Klub	Tid	Diff
1	Jan Møller	Aalborg Ok	00:58:00	+ 00:00:00
2	Søren Maarup	Kolding Ok	00:58:15	+ 00:00:15
3	Helge Lang Pedersen	Farum Ok	01:00:01	+ 00:02:01
4	Karsten Jøhnk	Ok Syd	01:03:04	+ 00:05:04
5	Kent Lodberg	Ok Pan Århus	01:04:01	+ 00:06:01
6	Ole Jensen	Mariager Fjord Ok	01:04:11	+ 00:06:11
7	Henrik Albahn	Tisvilde Hegn Ok	01:06:07	+ 00:08:07
8	Anders Laage Kragh	Ok Roskilde	01:07:01	+ 00:09:01
9	Walther Rahbek	Aalborg Ok	01:08:01	+ 00:10:01

10	Morten Kjær	Silkeborg Ok	01:08:19	+ 00:10:19
11	Jens Børsting	Silkeborg Ok	01:08:34	+ 00:10:34
12	Finn Møllerup	Odense Ok	01:11:28	+ 00:13:28
13	Tommy Iversen	Odense Ok	01:15:41	+ 00:17:41
14	Bo Konring	Søllerød Ok	01:26:52	+ 00:28:52
15	Per Rasmussen	Ok H.t.f.	01:27:19	+ 00:29:19
16	Anker Møller	Randers Ok	01:46:37	+ 00:48:37
17	Niels Agervold	Tisvilde Hegn Ok	01:52:26	+ 00:54:26
DSQ	Frank Rasmussen	Ballerup Ok	01:05:12	DSQ
	Carsten Lind	Ok Fros		
	Torben Utzon	Ok Pan Århus		

H 50-

7,8 km./17 poster

Placering	Navn	Klub	Tid	Diff
1	Erik Bobach	Silkeborg Ok	00:56:07	+ 00:00:00
2	Rolf Lund	Helsingør Sok	00:59:26	+ 00:03:19
3	Jørgen Skaarup	Ballerup Ok	01:01:10	+ 00:05:03
4	Mogens Hagner	Silkeborg Ok	01:01:48	+ 00:05:41
5	Jess Nørgaard Rasmussen	Viborg Ok	01:03:32	+ 00:07:25
6	Arne Bertelsen	Ok H.t.f.	01:05:12	+ 00:09:05
7	Jesper Lysgaard	Herning OK	01:06:17	+ 00:10:10
8	Mogens Hald	Herning OK	01:08:42	+ 00:12:35
9	Ole Andersen	Herning OK	01:10:28	+ 00:14:21
10	Steffen Alm	Ok H.t.f.	01:13:26	+ 00:17:19
11	Kim Gottlieb	Herning OK	01:14:41	+ 00:18:34
12	Jens Christensen	Mariager Fjord Ok	01:15:30	+ 00:19:23
13	Gregers Jørgensen	Ballerup Ok	01:17:55	+ 00:21:48
14	Henrik Dagsberg	Horsens Ok	01:20:47	+ 00:24:40
15	Jens Kristian Kjærgaard	Ok Pan Århus	01:23:08	+ 00:27:01
16	Niels La Cour Bentzon	Søllerød Ok	01:25:44	+ 00:29:37
17	Bent Hansen	Viborg Ok	01:26:01	+ 00:29:54
18	Gert Rebsdorf	Mariager Fjord Ok	01:28:14	+ 00:32:07
19	Karsten Stald	Horsens Ok	01:29:04	+ 00:32:57
20	Hans Jørgen Vad	Herning OK	01:29:23	+ 00:33:16
21	Helge Søgaard	Mariager Fjord Ok	01:30:25	+ 00:34:18
22	Ole Søgaard	Horsens Ok	01:34:05	+ 00:37:58
23	Frede Scheye	Herlufsholm Ok	01:41:04	+ 00:44:57
	Torkil Hansen	Politiets If-København		
	John Skovbjerg	Ok Pan Århus		
	Troels Bent Hansen	Allerød Ok		

H 55-

6,8 km./17 poster

Placering	Navn	Klub	Tid	Diff
1	Keld Gade	Viborg Ok	00:53:37	+ 00:00:00
2	Jens Jørgen Jensen	Herning OK	00:55:51	+ 00:02:14

3	Leif E. Larsen	Tisvilde Hegn Ok	00:58:00	+ 00:04:23
4	Gunnar Grue-Sørensen	Tisvilde Hegn Ok	00:58:50	+ 00:05:13
5	Niels Møller Petersen	Ok Fros	01:00:00	+ 00:06:23
6	Steen Frandsen	Viborg Ok	01:00:14	+ 00:06:37
7	Knud Fjordvald	Silkeborg Ok	01:01:26	+ 00:07:49
8	Jørgen Münster-Swendsen	Søllerød Ok	01:01:27	+ 00:07:50
9	Flemming Johannsen	Silkeborg Ok	01:02:40	+ 00:09:03
10	Flemming D. Andersen	Ok H.t.f.	01:02:54	+ 00:09:17
11	Poul Erik Buch	Ok Gorm	01:03:25	+ 00:09:48
12	John Holm	Ok Pan Århus	01:03:32	+ 00:09:55
13	Aksel Andersen	Ok Roskilde	01:05:15	+ 00:11:38
14	Bjarne Christensen	Odense Ok	01:05:58	+ 00:12:21
15	Niels A. Kiilerich Hansen	Skive Amok	01:09:01	+ 00:15:24
16	Carl Malling	Randers Ok	01:10:30	+ 00:16:53
17	Flemming Sasser	Herning OK	01:18:26	+ 00:24:49
18	Finn Ingwersen	Horsens Ok	01:19:06	+ 00:25:29
19	Poul Egander Grøn	Mariager Fjord Ok	01:24:49	+ 00:31:12
20	Torben Isen	Herning OK	01:29:13	+ 00:35:36
DSQ	Keld Abrahamsen	Aarhus 1900	00:41:05	DSQ
DSQ	Frede Rasmussen	Herning OK	01:29:43	DSQ
	Jørgen Damtoft	Vestjysk OK		
	Peter Wraa	Tisvilde Hegn Ok		
	Niels Jørgen Pedersen	Køge Ok		

H 60-

6,4 km./18 poster

Placering	Navn	Klub	Tid	Diff
1	Klaus Olsen	Tisvilde Hegn Ok	01:04:40	+ 00:00:00
2	Jørn F. Andersen	Ok H.t.f.	01:07:48	+ 00:03:08
3	Max Hansen	Ok Djurs	01:07:57	+ 00:03:17
4	Karsten Richardt	Køge Ok	01:08:12	+ 00:03:32
5	Karl Kristian Terkelsen	Ok Gorm	01:08:45	+ 00:04:05
6	Flemming Nørgaard	Ok Pan Århus	01:10:08	+ 00:05:28
7	Poul Bobach	Aalborg Ok	01:11:09	+ 00:06:29
8	Leif B. Nielsen	Herning OK	01:15:30	+ 00:10:50
9	Ronnie Macgrail	Søllerød Ok	01:15:53	+ 00:11:13
10	Poul Henning Pedersen	Ok Vendelboerne	01:16:36	+ 00:11:56
11	Leif S. Knudsen	Faaborg Ok	01:18:37	+ 00:13:57
12	Hans Christian Strib	Ballerup Ok	01:20:16	+ 00:15:36
13	Henning Vide Petersen	Horsens Ok	01:20:52	+ 00:16:12
14	Karsten Funder	Fif Hillerød	01:20:57	+ 00:16:17
15	Per Christensen	Ok Esbjerg	01:23:09	+ 00:18:29
16	John Tripax	Ok Roskilde	01:24:17	+ 00:19:37
17	Henning Larsen	Horsens Ok	01:30:59	+ 00:26:19
18	Jon Matthiesen	Ok Syd	01:32:06	+ 00:27:26
19	Knud Erik Thomsen	Svendborg Ok	01:33:08	+ 00:28:28
20	Mogens Jørgensen	Søllerød Ok	01:39:22	+ 00:34:42
21	Jørgen Olesen	Odense Politis	01:44:05	+ 00:39:25

		Idrætsforening		
DSQ	Torben Jørgensen	Silkeborg Ok	01:25:50	DSQ

H 65- 5,1 km./16 poster

Placering	Navn	Klub	Tid	Diff
1	Knud Sørensen	Ok Pan Århus	00:53:19	+ 00:00:00
2	Ole Svendsen	Ok Roskilde	00:55:35	+ 00:02:16
3	Ole Hoffmann	Ok Fros	00:56:49	+ 00:03:30
4	Henning Nielsen	Farum Ok	00:58:32	+ 00:05:13
5	Jørn Thomsen	Kolding Ok	01:01:39	+ 00:08:20
6	Mogens Hansen (disa)	Ok Skærmø	01:02:30	+ 00:09:11
7	Ole F. Thomsen	Ok Vendelboerne	01:03:26	+ 00:10:07
8	Asmus Wonsyld	Silkeborg Ok	01:06:22	+ 00:13:03
9	Palle Møller Nielsen	Odense Ok	01:10:08	+ 00:16:49
10	Børge Kronborg	Viborg Ok	01:21:53	+ 00:28:34
11	Asger Kristensen	Herning OK	01:33:29	+ 00:40:10
DSQ	Niels Lyhne	Herlufsholm Ok	01:14:01	DSQ
DSQ	Hans Jørgen Simonsen	Ok Pan Århus	01:39:56	DSQ
	Arne Grøndahl	Søllerød Ok		
	Hans Nielsen	Ok H.t.f.		
	Erik Kelvin Hansen	Farum Ok		
	Herluf Jensen	Svendborg Ok		

H 70- 4,0 km./14 poster

Placering	Navn	Klub	Tid	Diff
1	Preben Christiansen	Odense Ok	00:51:17	+ 00:00:00
2	Egon Neregaard	Tisvilde Hegn Ok	00:52:09	+ 00:00:52
3	Jack Skrydstrup	Kolding Ok	00:52:42	+ 00:01:25
4	Bendt Frandsen	Farum Ok	00:53:51	+ 00:02:34
5	N. P. Pedersen	Kolding Ok	00:55:54	+ 00:04:37
6	Torsten Boe Larsen	Odense Ok	00:55:56	+ 00:04:39
7	Jørgen Thingvad	Ok H.t.f.	01:18:33	+ 00:27:16
8	Vagn Lidegaard	St. Binderup Ok	01:24:51	+ 00:33:34
9	Paul Staugaard	Kolding Ok	01:37:06	+ 00:45:49
10	Åge Knudsen	Herning OK	01:40:16	+ 00:48:59
DSQ	Jørgen Voigt Arnsted	Odense Ok	01:00:38	DSQ
	Preben Munk Eriksen	Viborg Ok		

H 75- 3,5 km./14 poster

Placering	Navn	Klub	Tid	Diff
1	Kurt Dose	Køge Ok	01:05:25	+ 00:00:00
2	Bjørn Mømsen	Silkeborg Ok	01:14:20	+ 00:08:55
3	Nils Jansson	Randers Ok	01:19:15	+ 00:13:50
4	Palle Bay	Køge Ok	01:39:57	+ 00:34:32
DSQ	Peter Arildsen	Ok Vendelboerne	00:42:16	DSQ

H 80-

3,5 km./14 poster

Placering	Navn	Klub	Tid	Diff
1	Rasmus Lykkegård	Silkeborg Ok	01:31:07	+ 00:00:00
DSQ	Poul Erik Birk Jakobsen	Tisvilde Hegn Ok	03:03:19	DSQ